

# The Gateway

2016-2017 Winter Program Guide



STAY ACTIVE  
THIS WINTER

  
CITY OF GAHANNA  
DEPARTMENT OF PARKS & RECREATION



# Civic Leaders

## TABLE OF CONTENTS

Civic Leaders	2
Gahanna Events	3
Rental Facilities	4
Golf Course	5
Aquatics	6
Herb Center	7
Active Adults	10
Art is for Everyone	12
Active Seniors	13
Youth Programs	17
Camp Programs	20
How to Register	23

**Mayor:** Tom Kneeland  
**City Attorney:** Shane W. Ewald

### Gahanna City Council:

Ward 1: Stephen A. Renner, President  
 Ward 2: Michael Schnetzer  
 Ward 3: Brian Larick, Vice President  
 Ward 4: Jamie Leeseberg  
 At Large: Karen J. Angelou  
 Nancy McGregor  
 Brian Metzbower

### Parks & Recreation Board

Meetings held at 7pm on the first Wednesday of each month at City Hall unless otherwise noted. All meetings are open to the public.

Andrew Piccolantonio, Chair  
 Cynthia Franzmann, Vice Chair  
 Joe Gottron  
 Sarah Mill  
 Eric Miller  
 Jan Ross  
 Ken Shepherd

### Gahanna Landscape Board

The next meeting is November 2, 2016, at 6pm at City Hall unless otherwise noted. Please visit [Gahanna.gov](http://Gahanna.gov) or call 614.342.4250 for 2017 meetings. All meetings are open to the public.

Jane Allinder  
 Kevin Dengel  
 Mark DiGiando  
 Melissa Hyde  
 Matt Winger

### Parks & Recreation Staff

Troy Euton, Director  
 Jeffrey Barr, Deputy Director  
 Alan Little, Parks Superintendent  
 Shannon Sorrell, Recreation Superintendent  
 Pam Ripley, Office Coordinator  
 Jim Ferguson, Parks Foreman  
 Rob Wendling, Forestry Technician  
 Marty White, Facilities Foreman  
 Sara Crombie, Youth & Family Recreation Supervisor  
 Brian Gill, Aquatic Recreation Supervisor  
 Zac Guthrie, Community Recreation Supervisor  
 Blaine Miskell, Golf Course Recreation Supervisor  
 Patrick Monaghan, Active Senior Recreation Supervisor

### Part-Time Coordinators

Emerson Keppler, Graphic Design Intern  
 Beth McCollam, Public Information Coordinator  
 Brooke Sackenheim, Herb Center Coordinator  
 Tristian Sutton-Jennings, Front Desk Coordinator

## Volunteer Advisory Committees

The Parks & Recreation Board created the following advisory committees to assist the Department of Parks & Recreation with facilitating planning, promotion and implementation with the assistance of volunteer residents. Please call 614.342.4250 if you are interested in volunteering on any of these committees.

### Active Senior Advisory Committee

The Active Senior Advisory Committee meets regularly to provide input and suggestions regarding our Active Senior programs and the Gahanna Senior Center. Committee members must be members of the Senior Center.

### Bicycle & Trail Advisory Committee

The Bicycle Advisory Committee, originally formed in 1995, is instrumental to the formation of our Bikeway Plan. This committee meets on a regular basis to update the original plan.

### Aquatics Advisory Committee

The Aquatics Advisory Committee offers guidance and recommendations for Gahanna's city-run pools.

### Natural Resources Advisory Committee

The Natural Resources Advisory Committee is tasked to inventory the natural resources in each of Gahanna's parks.



# Gahanna Events

## Creepside Festival

Saturday, October 22, 2016, 1-5pm  
Creekside District, 117 Mill St.

Put on your costumes, dress up the kids and join us for the annual Creepside Festival, presented by Schneider Insurance. This event is free and appropriate for all ages. Event highlights include: live music, games, activities, haunted trail, trick or treat with local organizations and plenty of candy. Please visit [www.creepsidefest.com](http://www.creepsidefest.com) for event details.

## Veterans Day Ceremony

Friday, November 11, 2016, 11am  
Veterans Memorial Park, 73 W. Johnstown Rd.

The Veterans Day Ceremony is dedicated to all men and women who have served or are currently serving in the US Armed Forces. We will dedicate new bricks at Veterans Memorial Park.

## Visit Gahanna presents Holiday Lights Celebration

More information is available at [VisitGahanna.com](http://VisitGahanna.com) or 614.418.9114

Sunday, November 20, 2016, 2-7pm  
Creekside District  
Free activities throughout Olde Gahanna

## Santa Race 5K & Little Reindeer Dash

Saturday, December 3, 2016, 8:30am registration  
Creekside District  
Presented by Mount Carmel Health System

## Holiday Character Breakfast

Saturday, December 10, 8am-12pm  
Centerpoint Church, 620 McCutcheon Rd.  
Presented by Meijer

## Sensory Friendly Visit with Santa Claus

Santa and his helpers are offering this special event for children and their families who may need a more relaxed environment with less sensory input. Santa and his elves are ready to meet your child however your child is most comfortable. The Herb Center has accessibility for wheelchairs or limited mobility. A limited number of appointments available. This program is intended for students with special needs and their families. Gahanna residents and school students will have priority registration through November 11. Open registration beginning November 12. Pre-registration is required.

Activity	Day	Date	Time
452801A	Sun	Dec 4	1-3pm
452801B	Sun	Dec 11	4-6pm

RDR/NR: \$5/\$7

## Visit with Santa at the Herb Center!

Meet the jolly old elf, Santa Claus! Santa is taking time out of his busy toy-making season to talk with the little ones about visions of sugar plums, toy soldiers and ponies! As you walk up to the decorated North Pole Annex (the Ohio Herb Education Center) you will be greeted by Santa's elves and helpers that will guide you to the letter writing station. You will then get to sit on Santa's knee and pose for a special keepsake photo. Then step into Mrs. Claus' parlor for special make & take crafts – Santa's Favorite Hot Chocolate Mix; Everything Nice Herbal Sugar; and Mrs. Claus' Peppermint Bath Blend! All ages are welcome.

Day	Date	Time
Sat	Dec 3	9am-1pm
Sat	Dec 10	9am-1pm
Sat	Dec 17	9am-1pm

RDR/NR: \$5 per craft/photo or 3 items for \$12

## Gahanna Preschool Fair

Thursday, January 12, 2017, 6-7:30pm  
Gahanna Senior Center, 480 Rocky Fork Blvd.

Come evaluate local preschool programs all under one roof. Preschools in Gahanna and surrounding areas will be available to share information about their schools. Free to attend.

## Camp Registration Day

Saturday February 25, 2017, 9am-12pm  
Gahanna City Hall, 200 S. Hamilton Rd.

Register for Gahanna summer camp programs on this day and be able to make installment payments and receive Early Bird prices! See page 17 for details.

[aparksrec](http://aparksrec)



614.342.4250

[parksandrec@gahanna.gov](mailto:parksandrec@gahanna.gov)



[Gahanna.gov](http://Gahanna.gov)



# Rental Facilities

## Park Shelters

Welcome! Our facilities are ready for your event and may be reserved up to one year in advance. Please call 614.342.4250 to make your reservation today!

### Peak: Apr - Oct, Saturday and Sunday Rates & Holiday Rates

	Rental Times	Resident & Gahanna Non-Profit	Non-Resident
Friendship Park Gazebo*	10a-2p / 4p-8p	\$30	\$30
Woodside Green Park Shelter	10a-2p / 4p-8p	\$60	\$80
Friendship Park Shelter*	10a-2p / 4p-8p	\$80	\$100
Hannah Park Shelter*	10a-2p / 4p-8p	\$140	\$180

### Apr - Oct, Monday - Friday Rates & Non-Peak Everyday Rates

	Resident & Gahanna Non-Profit	Non-Resident
	\$20	\$25
	\$30	\$40
	\$30	\$40
	\$30	\$40

\* From June to August, these facilities are available weekdays from 7pm - dark due to camp programs.

## Inside Facilities (rented hourly) Monday-Friday

		Resident & Gahanna Non-Profit	Non-Resident
Gahanna Senior Center	Rent hourly, (3 hr min) 8am-11pm	\$35	\$50
Golf Course Clubhouse	Rent hourly (3 hr min) 8am-11pm	\$35	\$50
5+ hrs Golf Course & Senior Center	as available	\$157.50	\$225
Herb Center	Rent hourly, as available	\$35	\$50

## Saturday, Sunday & Holidays

	Resident & Gahanna Non-Profit	Non-Resident
Rent hourly, (3 hr min) 8am-11pm	\$65	\$80
Rent hourly (3hr min) 8am-11pm	\$65	\$80
as available	\$292.50	\$360
Rent hourly, as available	\$50	\$75

#### Additional Information:

- Rental cancellation fees- More than 30 days refund less \$10 administrative fee, 14-19 days 50% refund, less than 13 days no refund, \$10 change of date fee.
- Rates subject to change without notice.
- Smoking prohibited in all shelters, Golf Course Clubhouse, Senior Center and the Herb Center.
- Alcohol permits are available for purchase for rentals occurring at the Golf Course Clubhouse, Hannah Park Shelter and the Senior Center ONLY.
- Facilities are rented on a first-come, first served basis. Payment, deposit and reservation form is required to reserve the facility or shelter. Facilities are available for rent one calendar year in advance. For example, if you are interested in renting a facility for April 30, 2017, you may do so on April 30, 2016.
- Refundable security deposit of \$100; all rentals require a check dated with the event date or credit card valid on event date deposit. Deposits are charged when contracts are violated (including but not limited to issues such as: facility not cleaned properly, unpermitted alcohol, smoking, and use during non-rented hours).
- To rent a facility: reservation forms are available at the Parks & Recreation office or online at Gahanna.gov. Please call 614.342.4250 to check for availability.
- Additional permits required for all amusement providers (game trucks, inflatables, etc.)
- Interested in re-occurring rentals? Call us to discuss rates.
- Images available at the Parks & Recreation page at Gahanna.gov, click on "Facility & Shelter Rentals".

Gahanna Municipal



# Golf Course

**220 Olde Ridenour Rd • 614.342.4270**

## Golf memberships make great gifts!

Give the gift of golf for Christmas with a membership to Gahanna Municipal Golf Course!

Visit the Golf Course page at [Gahanna.gov](http://Gahanna.gov) for details!



### 2017 Lunch Break Special

Monday –Thursday 11am -1pm.  
9 holes with cart, hot dog and a bag of chips of your choice \$15.

### Rangers Needed!

Want to volunteer in a fast paced environment and get some free golf? Contact Blaine Miskell 614.342.4270 for more information.

### Golf Outings

The Gahanna Golf Course is available to host your next event! Golf Outings are perfect for family and class reunions, birthday parties, employee functions and more. We can create an affordable package to suit your needs. Contact the Golf Course at 614.342.4270 or [Blaine.Miskell@gahanna.gov](mailto:Blaine.Miskell@gahanna.gov) to plan your outing.

Welcome to the Gahanna Municipal Golf Course. The golf course season is March – November, weather permitting. Call ahead for tee times! The course hosts league play on weekday afternoons/evenings throughout the season; tee times are not available during league play hours.

### 2017 Annual Membership Rates

	RDR	SR
Adult	\$357	\$407
Couple	\$510	\$610
Junior (under 18)	\$255	\$305
Senior (55+)	\$255	\$305
Senior Couple	\$408	\$508
Midday*	\$255	\$305

### 2017 Green Fees

	Adult	Junior (under18) or Senior (55+)
Weekday	\$11	\$9
Weekend/Holiday	\$11	\$11
Additional 9 Holes	\$4	\$4

\*Midday Membership includes unlimited golf from 9am-3pm, Monday-Friday, excluding Holiday.

### 2017 Rental Fees

Motor Cart (9 holes)	\$6
Motor Cart (18 holes)	\$12
Pull Cart	\$2



# Aquatics

## Pool memberships make great gifts!

Pool Memberships on sale from Dec. 12, 2016 - Jan. 12, 2017 with an initial payment of just \$20. Remaining balance billed in four installments from February through May.

Memberships make a great holiday gift, and with the installment billing, passes would be paid off before the pools open for the summer!

Visit the Aquatics page at [Gahanna.gov](http://Gahanna.gov) for details.



### About Memberships

Membership with Gahanna Aquatics gives pass holders access to BOTH of our public facilities - Gahanna Swimming Pool and Hunters Ridge Pool. Individuals must be 11+ years of age to enter either facility alone. Those under 10 must be under the supervision of a parent/guardian or registered provider. All swimmers 12 and under are required to take a Swim Test each season in order to use the deep areas of the pools.

### 2017 POOL MEMBERSHIPS

Membership Types Valid at BOTH Pools	Gahanna Resident Rate			Non-Resident Rate		
	Early Bird until April 28	Sneak Peek April 29 - May 29	Regular May 30 - end of season	Early Bird until April 28	Sneak Peek April 29 - May 29	Regular May 30 - end of season
Single: Ages 11+	\$140	\$170	\$195	\$145	\$195	\$215
Couple: 2 people, same household	\$190	\$225	\$255	\$210	\$255	\$270
Family: 3 people, same household	\$225	\$265	\$300	\$255	\$305	\$330
Family: 4+ people, same household	\$225	\$265	\$300	\$275	\$305	\$330
Junior (ages 3-10) & Senior (ages 55+)	\$70	\$85	\$100	\$90	\$105	\$120
Sitter add-on	\$70	\$80	\$90	\$70	\$80	\$90

**Hunters Ridge Pool**  
341 Harrow Blvd  
614.342.4269

**Gahanna Swimming Pool**  
148 Parkland Dr  
614.342.4272

### Pool Season

Please note that the Gahanna Swimming Pool closes for the season once Gahanna Jefferson Public Schools are back in session. All operations will be consolidated to Hunters Ridge Pool after school begins.

thank you

### 2016 Season Sponsors

- Shirck Orthodontics
- BlankenBecler Advisors
- Creekside Family Dental
- 104.9 The River
- ARF! Agility and Rally for Fun!

A special **THANK YOU** to St. Matthew Catholic School and VFW Post #797 for your partnership with our pools during our event season this year!



**110 Mill St • 614.342.4380 • OhioHerbCenter.org**

Welcome to the Ohio Herb Education Center and the Herb Capital of Ohio!

**LEARN**

**Gahanna Herb Group**

The Gahanna Herb Group is a 9-month program focusing on herbs and their uses. Each month participants study one herb in depth, as well as learn hands-on culinary, cultivation and craft techniques. Herbs are viewed and studied from botanical, historical, folkloric and wellness points of view. This group receives informative guides to extend the learning beyond the classroom. Instructors include Herb Center staff as well as guest experts from Central Ohio. This cooperative learning environment is for individuals who would like to dedicate time to earn a deeper understanding of all things herbal.

*“The instructors worked well together and were very informative. They made learning about herbs fun. I liked the hands on approach that kept the classes interesting and I was able to use what I learned right away.” –Past Herb Group Member*

Benefits include: monthly class, fresh or dried herb for home practice, 10 percent off all gift shop items, one complimentary class pass to attend an additional workshop taught by the herb center staff.

**Dates:** Tuesdays, November 8, December 13, January 10, February 14, March 14, April 11 and May 9

**Time:** 6:30-8pm

<b>Cost</b>	<b>RDR/NR</b>
Quarterly Payment Option	\$80/\$90 Payments due Dec/Mar
One Time Drop in	\$30/\$35

**SHOP**

Shop our array of herb-related educational books, body care products, teas and tea ware, culinary items and our signature Herbal Surrender line of products.

**Herb Center Hours of Operation**

Tue-Fri 12-6pm  
Sat 12-4pm  
Sun-Mon Closed

**RENT**

Looking for a unique space to hold your next event? Consider the Ohio Herb Education Center’s parlor. Suitable for parties up to 25 people, this intimate, historic space offers the options of three round tables, two porches and a kitchen. We also offer additional services such as delicious herbal tea or 15-minute herbal ice breakers for your guests.

**Rental Fee Schedule:**

Parlor capacity is 25 people	Gahanna RDR	Non-Resident Rate
<b>Monday-Thursday</b>	\$35/hr	\$50/hr
<b>Friday-Sunday</b>	\$50/hr	\$75/hr

**save the dates**

**An Herbal Affair**

Friday, May 12, 7-9pm.  
Preview and select herbs while sampling local brews, wines and spirits paired with hors d’oeuvres and desserts.

**Herb Day**

Saturday, May 13, 9am - 4pm  
Come celebrate all things herbal. Listen to herbal experts on a variety of subjects and stroll through a multitude of local artists and vendors that offer unique and special hand-made items. Be sure to browse through over 100 varieties of fresh herbs available for purchase for your home and garden. Visit [www.ohioherbcenter.org](http://www.ohioherbcenter.org) for more information.



# Herbal Workshops

## WORKSHOPS

### Herbs for the Zombie Apocalypse

Would you be the hero who helped your family and friends survive during the zombie apocalypse? In this class, teens will learn how to use every day weeds to make herbal compresses, poultices and salves that can be used on bites, stings and scratches. Each survivor will make an herbal drawing salve to take home as well as learn the basics for herbal trail first aid.

**Ages:** Appropriate for teens and adults.

Activity	Day	Date	Time
452601A	Sat	Oct 29	1-2pm

**Instructor:** Sarah Clement

**RDR/NR:** \$25/\$30

### Balms & Salves for Winter Skin

As the cold moves in and temperatures drop, so does moisture in the air, wreaking havoc on your skin. Come learn the basics of seasonal skin care. We will also explore what goes into a basic oil infusion and demonstrate making a simple salve to help head off the worst of winter's damage.

Activity	Day	Date	Time
451303A	Sat	Nov 12	1-2:30pm

**Instructor:** Jennifer Schneller

**RDR/NR:** \$30/\$35

### Herbal Tea Circle

Join us for an informal evening of tea and herbal discussion. We will sample a featured tea or blend, enjoy light refreshment with an herbal twist, and spend the hour discussing whatever herbal topics the group is interested in. Tea circle will meet on the third Thursday of each month.

Day	Date	Time
Thu	Nov 17	7-8pm
Thu	Dec 15	7-8pm
Thu	Jan 19	7-8pm
Thu	Feb 16	7-8pm

**Instructor:** Jennifer Schneller

**RDR/NR:** \$5/\$7

### Visit with Santa at the Herb Center!

Meet the jolly old elf, Santa Claus! Santa is taking time out of his busy toy-making season to talk with the little ones about visions of sugar plums, toy soldiers and ponies! As you walk up to the decorated North Pole Annex (the Ohio Herb Education Center) you will be greeted by Santa's elves and helpers that will guide you to the letter writing station. You will then get to sit on Santa's knee and pose for a special keepsake photo. Then step into Mrs. Claus' parlor for special make & take crafts – Santa's Favorite Hot Chocolate Mix; Everything Nice Herbal Sugar; and Mrs. Claus' Peppermint Bath Blend! All ages are welcome.

Day	Date	Time
Sat	Dec 3	9am-1pm
Sat	Dec 10	9am-1pm
Sat	Dec 17	9am-1pm

**RDR/NR:** \$5 per craft/photo or 3 items for \$12

### Sensory Friendly Visit with Santa Claus

Santa and his helpers are offering this special event for children and their families who may need a more relaxed environment with less sensory input. Santa and his elves are ready to meet your child however your child is most comfortable. The Herb Center has accessibility for wheelchairs or limited mobility. A limited number of appointments available. This program is intended for children with special needs and their families. Gahanna residents and Gahanna Jefferson Public School district students will have priority registration through November 11. Open registration beginning November 12. Pre-registration is required.

Activity	Day	Date	Time
452801A	Sun	Dec 4	1-3pm
452801B	Sun	Dec 11	4-6pm

**RDR/NR:** \$5/\$7

### Tea Blending for Wellness

What better way to fight off the cold weather than to brew up a nice hot cuppa. In this class, we will explore the characteristics of a selection of herbs, dried and fresh, and how to mix them to make a magical pot of tea!

Activity	Day	Date	Time
151103A	Sat	Jan 7	1-2pm

**Instructor:** Jennifer Schneller

**RDR/NR:** \$25/\$30





### Herbal Sick Day

Let's take a sick day at the Herb Center. Try out new wellness strategies and sample some herbal recipes such as garlic soup, thyme steams, throat balm bombs and herbal gelatin shots.

**Activity Day Date Time**  
152711A Sat Jan 14 1-2:30pm

**Instructor:** Brooke Sackenheim  
**RDR/NR:** \$35/\$40

### Cold and Flu Aromatherapy

Join certified aromatherapist Deborah Zerkle and learn about ways to utilize essential oils and support yourself naturally during cold and flu season. Discover the following essential oils: Sweet Orange, Siberian Fir, Lavender, Eucalyptus and Sweet Marjoram. Make an aromatic jojoba blend, an aloe hand cleanser and an inhaler. Leave with informative handouts with recipes and ideas to make more blends at home.

**Activity Day Date Time**  
151501A Sat Jan 21 1-4pm

**Instructor:** Deborah Zerkle, LMT, CA  
**RDR/NR:** \$55/\$65

### Become a Beekeeper

Learn how to become a beekeeper! Our intro to beekeeping workshop is suitable for both beginners and those with some beekeeping experience. Discover how to get started in beekeeping. Learn about the science and history of the hive. Once you complete the class you will be ready to start your own beekeeping experience. Participants receive: "Bee-sentials: A Field Guide" book, hand-outs, memberships to Ohio State Beekeepers Association for 2017 and Urban Beekeepers of Central Ohio for 2017.

**Activity Day Date Time**  
152115A Sat Jan 28 9-4:30pm  
152115B Sat Feb 25 9-4:30pm

**Instructor:** Urban Beekeepers of Central Ohio representative  
**RDR/NR:** \$100/\$110

### Herbal Hard Candy

Everyone loves a little something sweet! In this class we will learn the basic technique for making hard candies at home, and we will explore how to kick it up a notch with herbal infusions. Come experiment with flavors and learn how to make an easy gift for your favorite sweetie!

**Activity Day Date Time**  
150910A Sat Feb 11 1-2pm

**Instructor:** Jennifer Schneller  
**RDR/NR:** \$25/\$30

### Aromatherapy 101

Have essential oils, but don't know what to do with them? Come to a relaxed, informative class to learn safety, dilutions, applications and recipes. We will discuss how to research any essential oil you may have and how to use them in a safe, effective manner. Bring one or two essential oils you don't use and Deborah will inspire you to become familiar with that oil and aware of its many uses. Items will be supplied for you to make a blend with the essential oil(s) you bring.

**Instructor:** Deborah Zerkle, LMT, CA

**Activity Day Date Time**  
151502A Sat Feb 18 1-3pm

**RDR/NR:** \$45/\$55

### Active Seniors:

#### Herbal Kitchen & Culinary Delights

Learn some new herbal tips and tricks as we demonstrate simple culinary recipes. Participants will create their own herb blend to take home. Topics include: Herbal Salts in November, Herbal Cookie Mixes in December, Soup Mixes in January and Hard Candy in February. Participants do not need to be Senior Center members to enjoy this program.

Day	Date	Time
Tue	Nov 1	10:30-11:30am
Tue	Dec 6	10:30-11:30am
Tue	Jan 3	10:30-11:30am
Tue	Feb 7	10:30-11:30am

**Instructor:** Cheryl Wagner

**Location:** Senior Center, 480 Rocky Fork Blvd.

**Cost:** Senior Center members \$5; Non-members \$7

### Window Sill Herb Planters in January!

As part of the Art is for Everyone partnership, participants will create a pinch pot planter from a lump of clay. We will also add glaze color to the pieces. See page 12 for details!

*The information provided by the Ohio Herb Education Center is primarily for reference and education. It is not intended to be a substitute for the advice of your personal physician. The Center does not advocate self-diagnosis or self-medication; nor does the Ohio Herb Education Center endorse alternative medicine in lieu of traditional medicine; it urges anyone with continuing symptoms, however minor, to seek medical advice.*



# Active Adults

## BASKETBALL & VOLLEYBALL OPEN GYMS

Open gym participants must be 18 years of age and bring a valid driver's license. If a license or State ID is not presented, participants will be charged the standard rate. Passes may be purchased at the Parks & Recreation office and are valid for volleyball or basketball. Open gyms will run October 11, 2016 – April 27, 2017.

### Basketball: 18+ (Season pass required to participate)

**Ages:** 18+

Day	Date	Time
Tue	Oct 11-Apr 25	8:45-10:30pm

**Season Pass RDR/NR:** \$75/\$85

**Location:** Middle School South, 349 Shady Spring Dr.

### Basketball: 30+

**Ages:** 30+

Day	Date	Time
Thu	Oct 13-Apr 27	8:45-10:30pm

**Single Visit RDR/NR:** \$6/\$9

**Season Pass RDR/NR:** \$75/\$85

**Location:** Middle School South, 349 Shady Spring Dr.

### Volleyball 18+

**Ages:** 18+

Day	Date	Time
Tue & Thu	Oct 11-Apr 27	8:45-10:30pm

**Single Visit RDR/NR:** \$6/\$9

**Season Pass RDR/NR:** \$75/\$85

**Location:** Middle School East, 730 Clotts Rd.

A schedule including skip dates will be posted at [Gahanna.gov](http://Gahanna.gov). All information listed below is subject to change. Start times may vary. Check dates as school teams have priority in gyms.

## YOGA

Join Sue Johnson, E-RYT 500, RMT, a Certified Yoga on High Instructor. She has studied with many great yoga teachers, including Rodney Yee, Colleen Seidman Yee, Doug Keller, Tim Miller, Cyndi Lee, Angela Farmer, Swami Ramananda and more to provide students with a "true" yoga experience.

### Hatha Yoga For Every Body

Feel better, stronger and relieve stress as you experience the mind/body connection in this class. Explore the benefits of ASANA (yoga postures) to gently stretch and strengthen the body. Breathing techniques quietly relax the mind and emotions and take you into a deeper level of consciousness. You will become more aware of patterns that facilitate a healthy spine, and a more relaxed and easeful body, mind and spirit.

**Ages:** 15+

Activity	Day	Date	Time
410102D	Tue	Nov 1 – Dec 13*	6:30-7:45pm
110102BA	Tue	Jan 10 – Feb 14	6:30-7:45pm

**RDR/ NR:** \$80/\$90

**Location:** Golf Course Clubhouse, 220 Olde Ridenour Rd.

\*Skip Nov 22

### Slow Flow Hatha Yoga

Gentle, slow flowing warm-ups get the body and mind ready to move into a variety of more challenging flow series, including sun salutations and other creative flow movements. Meditation and breath work incorporated. Modifications provided for all student levels. This class will leave you feeling refreshed, relaxed and energized. To enjoy your yoga experience, please bring a yoga "sticky" mat and 2 firm blankets.

Activity	Day	Date	Time
410101B	Wed	Nov 2 – Dec 14*	10:30-11:45am
110101B	Wed	Jan 11 – Feb 15	10:30-11:45am

**RDR/NR:** \$80/\$90

**Location:** Golf Course Clubhouse, 220 Olde Ridenour Rd.

\*Skip Nov 23

**Don't Wait to Register!**  
Sometimes classes are cancelled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.



614.342.4250

[parksandrec@gahanna.gov](http://parksandrec@gahanna.gov)

[iaparksrec](http://iaparksrec)



[Gahanna.gov](http://Gahanna.gov)



### MARK THE SPOT FITNESS

Certified personal trainer Mark Caraway brings his experience to Gahanna Parks & Recreation by providing an enthusiastic, energetic approach to fitness that will inspire and engage adults and youth. Mark's certifications include NESTA Personal Training, NASM Corrective Specialist, ACSM Inclusive Fitness Trainer, Les Mill BodyPump, C.A.T.C.H. (coordinated approach to child health) and has been training for 10+ years through YMCA's, fitness clubs and Wright State University.

### MTS Super Moms Post-Natal Fitness

If you are looking for a child-friendly fitness class and to meet other women, then this is the perfect class for you! Certified Personal Trainer Mark Caraway, of Mark The Spot (MTS) Fitness & Wellness will coach you through a full body workout, while your child (0-5) plays and socializes with other children or even joins in on the fun with you! The workout is formatted for all fitness levels and can be modified to your ability. These go-at-your-own-pace workouts are designed to challenge you at your level. You DO NOT need to bring a child to join our class; however, this is a child friendly class! \*\*Always consult with your physician prior to exercise.

Activity	Ages	Day	Date	Time
112802A	18+	Fri	Jan 6-27	10am
112802B	18+	Fri	Feb 3-24	10am
112802C	18+	Fri	Mar 3-24	10am

**RDR/NR:** \$30/\$35

**Location:** Gahanna Municipal Golf Course Clubhouse, 220 Olde Ridenour Rd.

### SUPER FIT

#### Super Fit Basic Training

This class will help you understand how your body moves and why this type of training is so effective. You will be introduced into functional movement training through body weight exercises, weight lifting, gymnastics, and metabolic conditioning. Mobility and Nutrition is incorporated. Each exercise can be scaled to a person's ability. Wear appropriate gym attire such as workout shoes and loose clothing; everything else will be provided.

Activity	Ages	Day	Date	Time
412902B	12+	Sat	Nov 12-26	8-9am

**RDR/NR:** \$40/\$50

**Location:** Super Fit, 350 Johnstown Rd.

### Gahanna Get Moving Team

The Gahanna Get Moving Team has walked thousands of miles over the past few years, training and talking their way to fun and fitness. Liz Plott leads this group and will share her wisdom on walking and healthy lifestyles. The group meets at Creekside Park every Saturday morning at 8 am, rain or shine. Registration is required prior to participation.

**Ages:** 18+

Activity	Day	Date	Time
760000	Sat	Year round	8am

**RDR/NR:** Free

# GMAC

GAHANNA MOBILE ACTIVITIES CENTER



### What is the GMAC?

The GMAC is a self-contained party trailer available to rent for your next neighborhood block party or community event. The GMAC contains all you need to share a warm afternoon of laughs and fun with neighbors, create life long memories with an outdoor movie under the stars, a backyard cookout, games and music!

### What's inside?

- Projector, 10'x10' inflatable movie screen w/ DVD player
- Sound system
- Snow cone machine
- Popcorn machine
- Yard games: corn hole, bocce ball, ladder ball & volleyball set
- Play equipment: footballs, Frisbees, playground balls, whiffle ball
- Water jugs & coolers
- Tables, chairs and (2) 10x10 tents

### Rent the GMAC!

Rent the GMAC by contacting the City of Gahanna Department of Parks & Recreation by calling 614.342.4250.

Visit the Parks & Recreation Department at Gahanna City Hall, 200 S. Hamilton Rd. Mon-Fri, 8am-5pm.

Must reside within Gahanna city limits.

# Art is for Everyone



Art is for Everyone, a new partnership between the City of Gahanna and the Franklin County Board of Developmental Disabilities (FCBDD) / Arc Industries, will teach us that art is a vehicle to express who we are and to connect with others. FCBDD / Arc Industries works in Gahanna with the Northeast Center, providing instructors and cultivating the artistic talents of developmentally disabled adults. The City of Gahanna is proud to display works from these special artists as part of a showing and sale at City Hall from December 2-29, 2016, including an opening reception on Dec. 6. In reciprocation, FCBDD / Arc Industries will be hosting a series art classes open to all Gahanna residents with ceramic instructor Lisa Culp.

## Meet-and-Greet Reception with Northeast Center Artists

Beautiful works of clay, paint on canvas and mixed media will be on display and for sale. Enjoy refreshments and meet the special artists from the Northeast Center. Show and sale run from Dec. 2 to Dec. 29, 2016.

**Location:** Gahanna City Hall, 200 S. Hamilton Rd.

**Day:** Tuesday, Dec 6

**Time:** 9:30 am-12:30 pm

## Window Sill Herb Planters in January!

Active Adults will create a pinch pot planter from a lump of clay that will be fully functional as a small window herb planter and safe to use for food. Glaze will add color to the pieces that will be left at Northeast Center for firing. Planters will be ready for pickup in 2-3 weeks. All materials, instruction, firing and tools will be provided.

**Location:** Northeast Center, 500 N. Hamilton Rd.

**Ages:** 18+

Day	Date	Time	Cost
Wed	Jan 11	TBD	\$5

## Ceramics: Coils in February

Active Seniors will create a piece of pottery using the coil method that will be suitable for use or decoration. Glaze will add color to the pieces and be transported back to Northeast Center for firing. The pieces will be ready for pickup in 2-3 weeks. All materials, instruction, firing and tools will be provided. Date and time TBD.

**Location:** Senior Center, 480 Rocky Fork Blvd.

**Ages:** Active Seniors

**Cost:** \$5

## March - What is Your Favorite?

Preschoolers will create a small clay sculpture from a lump of clay and add glaze for color. Sculptures will be left at Northeast Center for firing and will be ready for pickup in 2-3 weeks. Finished pieces are sure to be a family keepsake. All materials, instruction, firing and tools will be provided. Date and time TBD.

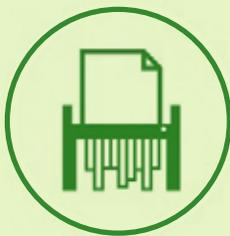
**Location:** Northeast Center, 500 N. Hamilton Rd.

**Ages:** Preschool

**Cost:** \$5

save the date

## Gahanna Residential Paper Shredding & Electronic Recycling Event



### EARTH DAY 2017



Saturday, April 22, 2017  
9:00am - 12:00pm

City Hall Parking Lot  
200 S. Hamilton Rd



Thank you to Ohio Mobile Shredding for donating their services.



# Active Seniors

**Gahanna Senior Center, 480 Rocky Fork Blvd. • 614.342.4265 M-F, 8:30am-4:30pm**

Welcome to the Gahanna Senior Center! Our Senior Center is a multi-purpose facility open to all adults ages 55+. Our business hours are Monday through Friday 8:30 – 4:30pm. We offer diverse programs in recreation, physical fitness, nature/outdoor programs, day trip and travel programs, education, health and human services, community programs and volunteer opportunities. Please visit our Senior Center page at [Gahanna.gov](http://Gahanna.gov) for additional program information.

**Membership** Annual Memberships for individuals ages 55+ are \$20 for Gahanna residents and \$30 for non-residents. Please stop by our office to register and learn of the many ways our programs may enrich your life!

**Monthly Newsletter** Check out our events and highlights in our monthly Senior Spotlight newsletter. Our newsletter and calendar of events are available on the Senior Center page at [Gahanna.gov](http://Gahanna.gov).

**Open House** Looking to get more involved and meet new people? Come visit us during our monthly Open House events held every first Monday (except holidays) from 10am-6pm (Oct 3, Nov 7, Dec 5, Jan 9, and Feb 6). If our Open House times are not conducive to your schedule, stop by during business hours for a tour.

**Senior Center Facility Rentals** Rental opportunities exist for special events. For information you may contact us at 614.342.4265 or stop by Monday-Friday between the hours of 8:30am-4:30pm. Please also see page 4 for rates.

## RECURRING WEEKLY ACTIVITIES

### MONDAYS

**Yoga Gold**

9:15am  
(also Fridays)  
Instructor: Kristi Bryan  
Cost: \$5

**Craft/Sewing Projects**

10am  
Work on craft/sewing projects. New ideas welcome.

**Line Dancing**

10:30am  
Instructor: Robin Lawrence  
Poses  
Enjoy fun exercise to some "hip" music  
Cost: \$5

**Bridge card group**

12pm  
(also Wednesdays)  
Cost: .50

**Table Tennis**

3pm  
(also Thursdays)  
Advanced and Beginner players welcome.

### TUESDAYS

**Indoor Walking**

Between hours of 8am-9:30am  
Free – Register at Senior Ctr. office for details

**Open Art**

9:30am

**Game Day!**

10am  
Have fun with peers in a casual setting (Bunco, Mahjongg, Tripoley, & more!)

**Kitchen Band**

10:30am

**Euchre**

12:30pm  
Cost: .25

**Ceramics**

1pm  
Keeping this ageless art form alive! Come join us!

**Bean Bag Baseball**

3pm

### WEDNESDAYS

**Quilting Guild**

9am  
Hand quilting in a small group setting

**Special Events**

Events & times vary (11am- 2pm)  
See our monthly schedule for details

**Art with Amber**

2pm  
Instructor: Amber Houck  
Acrylic paint projects as great gifts or display at home

**Bridge card group**

6:30pm  
(Also Mondays)  
Cost: .50

### THURSDAYS

**Zumba Gold**

9am  
Instructor: Carolyn Strayer  
Cost: \$5

**Tai Chi – Chang Style**

10am  
Instructor: Dorothy Gill

**Poker or Pinochle**

(alternating weeks)  
12:15pm

**Calligraphy**

1pm  
Instructor: Sandy Mundy  
Cost: \$20, 4 week sessions ongoing

**Table Tennis**

3pm  
(also Mondays)  
Advanced and Beginner players welcome.

### FRIDAYS

**Yoga Gold**

9:15am  
(also Mondays)  
Instructor: Kristi Bryan  
Cost: \$5

**Wii Bowling league**

10:15am

**Zentangle Art (Intro class)**

10:30am  
Instructor: Laura Emler, CZT  
Cost: \$30, 4 week sessions ongoing  
Includes certified instructor and all materials

**Duplicate Bridge**

12:30pm  
Cost: .50

**Mahjongg**

1pm

**Zentangle Art (Advanced)**

1pm  
Instructor: Laura Emler, CZT  
Cost: \$20, 4 week sessions ongoing



## RECURRING MONTHLY ACTIVITIES

<p><b>MONDAYS</b></p> <p><b>Creative Cards</b> 3rd Monday, 11:30am Join artist Jean Langkamp to create your own greeting cards. Cost: \$1</p> <p><b>Jewelry with Jean</b> 2nd Monday, 1pm Create your own spectacular jewelry Cost: \$1</p> <p><b>Book Review Group</b> 1st Monday, 3pm 3rd Monday, 3pm Space Limited. Please call.</p>	<p><b>TUESDAYS</b></p> <p><b>Herbal &amp; Kitchen Culinary Delights</b> 1st Tuesday, 10:30am Cost: \$5 (members) \$7 (non-members)</p> <p><b>Lunch Social</b> 2nd Tuesday, 11:30am Enjoy homemade food with friends from Phia's Kitchen! Must register. Cost: \$5</p>	<p><b>WEDNESDAYS</b></p> <p><b>Lunch</b> Last Wednesday, 12pm Must register by that Monday Cost: \$5</p> <p><b>Bingo!</b> Last Wednesday, 12:45pm Must register by that Monday Cost: \$2</p> <p><b>Poker</b> 3rd Wednesday 2pm Cost: \$3</p>	<p><b>THURSDAYS</b></p> <p><b>Poker</b> Every other Thursday (check calendar) 12:15pm Cost: \$3</p> <p><b>Pinochle</b> Every other Thursday (check calendar) 12:15pm Cost: .50</p>	<p><b>FRIDAYS</b></p> <p><b>Birthday Bash!</b> 1st Friday 1pm Celebrate our Winter birthdays as we enjoy desserts and interactive games.</p>
---	---	--	--	--

## ACTIVITIES & EVENTS

### Lunch Socials

Second Tuesday of each month 11:30am-1pm.  
(Oct 11, Nov 8, Dec 13, Jan 10, Feb 14)  
Enjoy friends and fellowship over a bowl of homemade soup or salad, a tasty sandwich, a side, and a drink. Register. Cost \$5/person

Day	Time
Tue	11:30am-1pm

### Lunch Bunch

Every 3rd Wednesday 10:45am -2pm  
Come join us as we visit some great regional restaurants while enjoying each other's company! \$4/person if riding the Senior Center van.  
Register in advance.

Day	Date	Location
Wed	Oct 19	Marcella's Polaris
Wed	Nov 16	Cheesecake Factory-Easton
Wed	Dec 7	Hickory House-Gahanna
Wed	Jan 18	TBD
Wed	Feb 15	TBD

We depart the Senior Center at 10:45am.  
Attendees responsible for their lunch costs.

### Lunch & Bingo

Last Wednesday each month. If you like BINGO and food, you'll LOVE this! (\$2/Bingo + \$5/Lunch) Register in advance by the prior Monday.  
Oct 26, Nov 23, Dec 28, Jan 25, Feb 22

Day	Time
Wed	12-3pm

### Hearing Screenings

Individuals 55+ may schedule a free appointment to have their hearing and/or hearing aids checked. Receive assistance and advice from professional hearing specialists.  
Call the Senior Center for appointment times.

### Herbal Kitchen & Culinary Delights

Learn some new herbal tips and tricks as we demo simple culinary recipes. Participants will create their own herb blend to take home. Topics include: Herbal Salts in November, Herbal cookie mixes in December, Soup mixes in January and Hard Candy in February. Register on-line or at our Senior Center. Participants do not need to be Senior Center members to enjoy this program.

**Instructor:** Cheryl Wagner

Activity	Day	Date	Time
452108B	Tue	Nov 1	10:30-11:30am
452108B	Tue	Dec 6	10:30-11:30am
452108B	Tue	Jan 3	10:30-11:30am
452108B	Tue	Feb 7	10:30-11:30am

**Cost:** \$5 (members) \$7 (non-members)

### Ceramics: Coils in February

As part of the *Art is for Everyone* partnership, Active Seniors will create a piece of pottery suitable for use or decoration. We will also add glaze color to the pieces. See page 12 for details!



### Pot Luck and Project Interact

First Wednesday each month when school is in-session. (Oct 5, Nov 2, Dec 7, Jan 4, Feb 1) Join us for a delightful and educational program presented by Gahanna-Jefferson school-aged students, and enjoy a delicious pot luck feast prepared by our Active Seniors. This program is truly a rewarding experience for everyone! Register in advance at the Senior Center.

Oct 5, Nov 2, Dec 7, Jan 4, Feb 1

Day	Time
Wed	11:30am

### Senior Flu Shots and Wellness Clinic

National Church Residences will provide Flu Shots for Senior Citizens age 55+. Call for an appointment 614.342.4265.

Day	Date	Time
Thu	Oct 20	1-3pm

### Octoberfest & Bingo

Chili lunch, costume contest (prizes), bingo and craft sale. Registration required.

Day	Date	Time	Cost
Wed	Oct 26	12pm	\$5

### Travel Presentation

Don't miss our special 2017 Travel Presentation highlighting Punta Cana, Four Corners National Parks, Christmas Markets on the Danube River, Chicago, Pittsburgh and more!

Day	Date	Time
Thu	Oct 27	10:30am

### New Tanger Outlet Shopping Day

We will stop for breakfast and then enjoy a day of shopping at the new Tanger Outlet Mall in Sunbury. Transportation cost: \$4/person

Day	Date	Time
Fri	Nov 18	8:30am departure, returning 4pm

### Christmas Extravaganza

The Extravaganza is a presentation by the Pinnell Dance Center with a special appearance by "The Headliners," our Senior Line Dancers. Performance is at the Gahanna Lincoln High School and admission is a can of food.

Day	Date	Time
Sun	Dec 4	1pm & 4pm

### Christmas Open House

Entertainment provided by the Gahanna Lincoln High School Chorale. Enjoy an afternoon of holiday music, dance, a sing along and refreshments.

Day	Date	Time
Wed	Dec 14	1pm

## 2017 Active Senior Membership Drive December 1

All of those who register for the 2017 membership during the month of December will have a chance to win some great prizes/gift baskets!

### Save The Date!

Program Registration Day for Spring programs will be Monday, March 13, 2017 from 8:30am – 4:30pm at the Gahanna Senior Center.

thank you

New Albany Rehabilitation, Skilled Nursing, and Assisted Living Center for being a Supporting Sponsor of our 2016 Active Senior Expo!

Wesley Woods of New Albany, Greystone Rehab & Health Center of Gahanna, Physiotherapy, and Heartland of Westerville for being sponsors of our 2016 Senior Golf League!

The Neptune Society for sponsoring our inaugural Summer BBQ & Concert.

Wesley Ridge Retirement Community for hosting our 2016 Volunteer Appreciation Luncheon.



## 2016-2017 TRIP & TRAVEL PROGRAMS

Our Active Senior Program offers many exciting day excursions and international trips throughout the year! Come join us as we discover some great places — near and far! Our travel program is open to all individuals 55+. Members of the Gahanna Senior Center receive priority registration for travel programs as well as discounted pricing. Trip reservations must be made in person at the Senior Center along with payment at time of reservation. Don't miss our special 2017 Travel Presentation on Thursday, October 27 at 10:30am.

### Day & Overnight Excursions

#### An Amish Christmas

Thu Dec 1  
\$101/person

Trip highlights around Berlin, Ohio, include a unique and educational experience at the "Behalt" Amish/Mennonite Heritage Center, a delicious buffet lunch at the Farmstead Restaurant, street shopping within downtown Berlin, and stops at "Tis the Season" Christmas Center, Heini's Cheese Chalet and Kauffman's Country Amish Bakery.

#### Four Corners National Parks

(Arizona, Utah, Colorado & New Mexico)  
May 11-18, 2017  
Eight days/seven nights  
\$2,995/double occupancy

The tour begins as you fly to Albuquerque, New Mexico to begin one of the most memorable sight-seeing vacations of your life. You will explore and relax in several of America's most beautiful and breathtaking national parks. As part of this excursion you will enjoy a Jeep tour with Navajo guide of Canyon de Chelly; an evening Cruise on the Colorado River through Canyonlands; Arches National Park; Mesa Verde National Park; Durango Silverton Train Excursion and Santa Fe! Stop by the Senior Center for a brochure and to register!

#### Chicago Escape!

Aug 27-30, 2017  
Four days/three nights  
\$879/double occupancy

This wonderful excursion will feature Chicago highlights such as exploring Chicago's rich ethnic neighborhoods, theater and financial districts with stops in the Loop and Millennium Park. Enjoy some time on your own to shop and grab some Chicago style pizza. Other attractions we will visit include an Architecture River Cruise along the Chicago River, Chicago's Field Museum/Art Institute/Shedd's Aquarium, Dinner Theatre at Tommy Guns Garage, Willis Tower Skydeck and more!

#### Best of Pittsburgh

Oct 9-11, 2017  
Details for this excursion to the City of Champions will be available November 2016. Stop by the Senior Center to grab a brochure and register for this exciting excursion you won't want to miss!

## INTERNATIONAL TRIPS

### A Cultural Exploration of Cuba

Jan 17-25, 2017  
Nine days/eight nights  
\$5,499/person double occupancy; \$6,399/person single occupancy

This unique tour of Cuba will highlight the rich and lively culture of this land and its people. Travelers will enjoy stops in Cayo Santa Maria, Santa Clara, Cienfuegos, Havana and Casa Fuster. The trip includes travel insurance, all gratuities for drivers and guides, bilingual guides for all sightseeing and visits, 17 featured meals and eight nights deluxe hotel accommodations (~3 nights at Cuba's pristine beaches of Cayo Santa Maria and ~4 nights in lively and historic Havana).

### Paradise in Punta Cana (Dominican Republic)

Mar 1-6, 2017  
Six days/five nights  
\$1,599/double occupancy; \$1,999/single occupancy

With its riveting blend of thrilling watersports, world-renowned white sand beaches, lush natural flora, and day and night activities, this five-star Grand Bahia Principe Bavaro is an all-inclusive, junior suite resort which offers you everything for one price! Stop by the Senior Center for a brochure and to register.

### Christmas Market Cruise on the Danube River

(Germany & Austria)  
Dec 5-12, 2017  
Eight days/seven nights  
\$4,895 - \$5,395/per person  
(double occupancy based on cabin selection)

Enjoy a six-night riverboat cruise on the MV Emerald Dawn in one of the river-view staterooms. Shore excursions are escorted by English-speaking guides in Nuremberg, Regensburg, Passau and Vienna. This cultural experience is sure to dazzle and is one for the memory books! Stop by the Senior Center for a brochure and to register.

### Travel Presentation

Don't miss our special 2017 Travel Presentation highlighting Punta Cana, Four Corners National Parks, Christmas Markets on the Danube River, Chicago, Pittsburgh and more!

Day	Date	Time
Thu	Oct 27	10:30am



# Youth Programs

## ENGINEERING FOR KIDS

We put the excitement in S.T.E.M. education by offering hands-on learning for children ages 4 to 12 through FUN activities. Building on natural curiosity and developing problem-solving skills, our hands-on-programs will foster a lifelong love of science and discovery in your child.

**Fall II:** 4 weeks (\*Skip Nov 23)

### Junior Mechanical Toys

In the Junior Mechanical Engineering: Let's Make Toys classes, our youngest engineers will be introduced to fundamental concepts of energy, materials, and movement. Students will explore and construct six different toys throughout this unit, including spinners, magical boomerang cans, wind-up whirligigs, and more.

**Ages:** 4-6

Activity	Day	Date	Time
402701A	Wed	Nov 9 – Dec 7*	5:45-6:30pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$65/\$75

### Robotics 101

During the Robotics 101 program, students will learn the basics of designing, programming, and controlling a fully functional robot. Using LEGO® MINDSTORMS®, mathematical concepts, and engineering principles students will brainstorm, plan, test, and modify sequences of instructions to accomplish a given task. Students will also learn the sequence of communication between the robot, and the programmer by collecting and analyzing data using the robot's sensors.

**Ages:** 7-12

Activity	Day	Date	Time
402705B	Wed	Nov 9 – Dec 7*	6:45-8:15pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$80/\$90

## Gahanna Preschool Fair

Thursday, January 12, 6-7:30pm

Come evaluate local preschool programs all under one roof. Preschools in Gahanna and surrounding areas will be available to share information about their schools.

**FREE!!**

**Location:** Gahanna Senior Center, 480 Rocky Fork Blvd.

## ART WITH AMBER

### Kids Day Off Painting Fun!

Children will be thrilled when they see what they can accomplish with step-by-step instructions. Each child will use acrylic paints to create their very own masterpiece on an 8x10 canvas. The kids will have step by step instruction and demonstration on how to paint a specific picture. Instruction will include basic color information and how to use the provided paint brushes. All supplies are included in class cost. Paintings will be seasonal.

**Ages:** 6-8

Activity	Day	Date	Time
101210A	Fri	Nov 11	9:30-11am
101210B	Mon	Jan 16	9:30-11am
101210C	Mon	Feb 20	9:30-11am

**Cost:** \$20

**Location:** Senior Center, 480 Rocky Fork Blvd.

**Ages** 9-11

Activity	Day	Date	Time
101210D	Fri	Nov 11	11am-12:30pm
101210E	Mon	Jan 16	11am-12:30pm
101210F	Mon	Feb 20	11am-12:30pm

**Cost:** \$20

**Location:** Senior Center, 480 Rocky Fork Blvd.

### Art Explosion for the Family!

Adults and children ages 9 and older will have a wonderful time creating a canvas painting that can be displayed as a set or as a single piece of art. The fee for the class includes ALL your supplies. Painters will paint on an 11x14 canvas or if you purchase the child/adult combo ticket, you will each paint on a 9x12 canvas. This is a great event for everyone! Discover your creative side with step-by-step instructions and demonstration. No experience necessary. You will leave the event with your completed masterpiece that will be ready to hang on your wall, the moment you are home.

Activity	Day	Date	Time
110610A	Sat	Jan 21	10am-12pm

**Cost:** \$30 per painter or a child/adult combo ticket for \$40

**Location:** Senior Center, 480 Rocky Fork Blvd.

### March - What is Your Favorite?

As part of the *Art is for Everyone* partnership, preschoolers will create a small clay sculpture from a lump of clay. We will also add glaze color to the pieces. The pieces will be left at Northeast Center for firing. See page 12 for details!



## LITTLE MEDICAL SCHOOL® AND INTRODUCING THE LITTLE VETERINARIAN SCHOOL!

### Little Medical School®:

#### What's in the Doctor's Bag?

Kids love to dress up and play doctor. Little Medical School® after school class introduces children to the exciting and inspiring world of medicine. Using interactive demonstrations, crafts, and games, kids learn how the body and organs work, how to use instruments that real doctors use, and even tie knots like a real surgeon. Each child gets their own stethoscope that really works. Each child receives a diploma as a graduate of Little Medical School at the completion of the course.

**Ages:** 5-10

Activity	Day	Dates	Time
103001A	Fri	Nov 4 – Dec 16	4-5pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$155/\$165

### Little Veterinarian School:

#### What's in a Veterinarian's Office?

The Little Veterinarian School, aims to encourage children to role-play and explore the exciting world of veterinarians. The purpose of this program is to influence children to gain more knowledge about the bodies of animals, science, and medical information. Using interactive demonstrations, crafts, and games, kids learn how to take care of a pet and use instruments that real veterinarians use.

**Ages:** 5-10

Activity	Day	Dates	Time
103002A	Fri	Jan 6 – Feb 10	4-5pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$155/\$165

## TUMBLIN' FOR KIDS

The enthusiastic Tumblin' 4 Kids staff lead these motivational tumbling and gymnastics classes. Participants will learn proper stretching, tumbling and apparatus skills in a fun, encouraging environment!

**Fall II:** 6 Weeks, 30 minute sessions (skip Nov 23)

**Day:** Wed

**Location:** Golf Course Clubhouse, 220 Olde Ridenour Rd.

**RDR/ NR:** \$60/\$70

Activity	Title/Age	Date	Time
400108C	Turbo Tumblers/7-12	Nov 2 – Dec 14	4:45-5:30pm
400101C	Tumble Tots/2.5-3	Nov 2 – Dec 14	5:30-6pm
400102C	Tumble Tykes/3-4	Nov 2 – Dec 14	6-6:30pm
400103C	Tumble Kids I/4-5	Nov 2 – Dec 14	6:30-7pm
400104C	Tumble Kids II/5-6	Nov 2 – Dec 14	7-7:30pm

**Winter:** 6 Weeks, 30 minute sessions

**Day:** Wed

**Location:** Golf Course Clubhouse, 220 Olde Ridenour Rd.

**RDR/NR:** \$60/\$70

Activity	Title/Age	Date	Time
100108C	Turbo Tumblers/7-12	Jan 11 – Feb 15	4:45-5:30pm
100101C	Tumble Tots/2.5-3	Jan 11 – Feb 15	5:30-6pm
100102C	Tumble Tykes/3-4	Jan 11 – Feb 15	6-6:30pm
100103C	Tumble Kids I/4-5	Jan 11 – Feb 15	6:30-7pm
100104C	Tumble Kids II/5-6	Jan 11 – Feb 15	7-7:30pm

## SPORTIES FOR SHORTIES

Each week, Jump Bunch coaches will teach lively and positive classes that help children build sports skills and coordination such as throwing, kicking, jumping, balance and agility. In each class, we will feature different athletic and fitness activities, with lively music, colorful sports and fitness equipment, and plenty of exercise for your child. This program provides excellent preparation for organized athletics for your child. Children should dress to be active. All equipment is provided.

**Fall II:** 6 Weeks, (skip Nov 24)

**Day:** Thu

**Location:** Golf Course Clubhouse, 220 Olde Ridenour Rd.

**RDR/NR:** \$60/\$70

Activity	Title/Age	Date	Time
402001B	Parent & Child/1.5-3	Nov 3 – Dec 15	6-6:30pm
402003B	Preschool/3-4	Nov 3 – Dec 15	6:30-7pm
402005B	School-Age/5-6	Nov 3 – Dec 15	7-7:40pm

**Winter:** 8 Weeks

**Day:** Thu

**Location:** Golf Course Clubhouse, 220 Olde Ridenour Rd.

**RDR/NR:** \$80/\$90

Activity	Title/Age	Date	Time
102001A	Parent & Child/1.5-3	Jan 19 – Mar 9	6-6:30pm
102003A	Preschool/3-4	Jan 19 – Mar 9	6:30-7pm
102005A	School-Age/5-6	Jan 19 – Mar 9	7-7:40pm

# summer hiring

Join our team next year!  
Summer 2017 Seasonal Hiring

Check out the Human Resources tab on our website this November for open positions with our Parks & Recreation Team for the 2017 Season!

Positions available in aquatics, camps and paddleboats. Interviews will begin over the holiday break! Avoid adding to the stress of the end of the school year and apply today!  
Gahanna.gov



## JUMP START SPORTS

Jump Start Sports offers creative sports programs that teach fundamentals, fair play and teamwork. Qualified instructors provide youth with a foundation for growth and nurture their love of sports in an environment that focuses on fun and learning rather than competition. More information is available at [www.jumpstartsports.com](http://www.jumpstartsports.com) or contact Aaron Bally at [ABally@JumpstartSports.com](mailto:ABally@JumpstartSports.com).

### Little Hoop Stars

Instructional and recreational basketball program for children ages 4-6. Players are taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Then they apply what they've learned in low competition games. All coaching conducted by Jump Start Sports staff coaches using a well-organized, fun-oriented, age-appropriate format.

**Location:** Gahanna Middle School South, 349 Shady Spring Dr.  
**Ages:** 4-6, co-ed  
**RDR/NR:** \$69/\$79

#### Fall Session (skip Nov 27)

Activity	Day	Date	Time
402301A	Sun	Nov 6-Dec 18	3-4pm
402301B	Sun	Nov 6-Dec 18	4-5pm

#### Winter Session

Activity	Day	Date	Time
102301A	Sun	Jan 15-Feb 19	3-4pm
102301B	Sun	Jan 15-Feb 19	4-5pm

### Hoop Stars

Instructional and recreational basketball program for children who are ages 7-8. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program. Then they apply what they've learned in low competition games. All coaching conducted by Jump Start Sports staff coaches using a well-organized, fun-oriented, age-appropriate format.

**Location:** Gahanna Middle School South, 349 Shady Spring Dr.  
**Ages:** 7-8, co-ed  
**RDR/NR:** \$69/\$79

#### Fall Session (skip Nov 27)

Activity	Day	Date	Time
402302A	Sun	Nov 6-Dec 18	2-3pm

#### Winter Session

Activity	Day	Date	Time
102302A	Sun	Jan 15-Feb 19	2-3pm

## Youth Basketball Clinic

Instructional and recreational basketball program for children who are ages 9-10. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program. Then they apply what they've learned in low competition games. All coaching conducted by Jump Start Sports staff coaches using a well-organized, fun-oriented, age-appropriate format.

**Location:** Gahanna Middle School South, 349 Shady Spring Dr.  
**Ages:** 9-10, co-ed  
**RDR/NR:** \$69/\$79

#### Fall Session (skip Nov 27)

Activity	Day	Date	Time
402308A	Sun	Nov 6-Dec 18	1-2pm

#### Winter Session

Activity	Day	Date	Time
102308A	Sun	Jan 15-Feb 19	1-2pm

## Volleyball

This is a fun and instructional program for girls and boys, ages 8-12. All fundamentals will be taught, including serves, sets, spikes, blocks, returns, positioning and team strategy. Whether your child is an experienced player or a complete novice, they will have a blast and learn a lot about the sport in this fun and innovative program!

**Location:** Gahanna Middle School South, 349 Shady Spring Dr.  
**Ages:** 8-12, co-ed  
**RDR/NR:** \$69/\$79

#### Fall Session (skip Nov 27)

Activity	Day	Date	Time
402303A	Sun	Nov 6-Dec 18	5:30-6:30pm
402303B	Sun	Nov 6-Dec 18	6:30-7:30pm

#### Winter Session

Activity	Day	Date	Time
102303A	Sun	Jan 15-Feb 19	5:30-6:30pm
102303B	Sun	Jan 15-Feb 19	6:30-7:30pm

# save the date

## Gahanna Parks & Recreation Spring Break Camp

Spring Break Camp will be held Monday, March 20 through Friday, March 24, 2017. Participants can choose to register by the day or for the entire week. Details and schedule to come in the Spring/Summer 2017 Gateway program guide.



# Camp Programs



## CAMP FRIENDSHIP

### Winter Camp

Come visit Camp Friendship’s Winter Camp to beat the winter blues and enjoy your days away from school! Our energetic Camp Friendship and Gahanna Recreation Staff have exciting games, activities and field trips planned to keep you moving and creative over winter break. Participants may choose any number of days during the winter break, registering by the day or for the entire week. Each day will offer different activities or field trips that will be sure to keep your child active, while engaging his/her imagination. Extended care hours, field trip fees and a daily snack are INCLUDED in the price, making Winter Camp a great way to spend your break!

**Ages:** 5-12

**Location:** Lincoln Elementary School, 515 Havens Corners Rd.

**Instructors:** Camp Friendship and Gahanna Recreation Staff

**Dates:** Dec. 26, 27, 28, 29, 30

Activity	Type	Day	Time	RDR/NR
440901A	5 day	M,T,W,R,F	7:30am-5:30pm	\$170/\$180
440901A1	1 day	Mon	7:30am-5:30pm	\$40/\$50
440901A2	1 day	Tue	7:30am-5:30pm	\$40/\$50
440901A3	1 day	Wed	7:30am-5:30pm	\$40/\$50
440901A4	1 day	Thu	7:30am-5:30pm	\$40/\$50
440901A5	1 day	Fri	7:30am-5:30pm	\$40/\$50

### Important Information:

- Lunch is NOT provided! Campers MUST bring a non-refrigerated lunch each day.
- Each camper MUST have a completed, up-to-date health history form on Gahanna’s ePACT portal (including immunization records and a front/back copy of insurance card) in order to attend camp. Information regarding the ePACT process and access will be located in the Winter Camp Parent Handbook and sent to participants upon registration.
- Campers must be five years old by the first day of the session/day in which they are enrolled, and may attend until their 13th birthday. Campers MUST be 100% potty trained to attend camp; campers who experience accidents will be removed from camp and no refund will be issued.
- Parents or guardians MUST sign the participant into the program every day and present valid photo identification EVERY DAY in order to sign them out.

### Parent Handbook

Camp policies and procedures are outlined in the Winter Camp Parent Handbook. Copies are available at registration or online at Gahanna.gov.

## ENGINEERING FOR KIDS’ WINTER CAMP

Three, four-day long sessions to choose from!

### Survivor: Engineer’s Cove

Welcome to Survivor: Engineer’s Cove! Students in this four-day camp will find themselves stranded on an abandoned island filled with perilous obstacles – dark caves, wild animals, cold temperatures, little food, and separation from the comforts of home. They will work collaboratively with their tribe members to compete against other tribes in specific engineering-related projects aimed at trying to survive the harsh island conditions and escape to their freedom. The tribe with the most points at the end of the week will claim the honor of Survivor: Engineer’s Cove winner!

**Ages:** 7-12

Activity	Day	Date	Time
442101A	Tue-Fri	Dec 27 – Dec 30	9am-12pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$120/\$130

### Medieval Mayhem

Here ye! Here ye! His Royal Highness King Kelvin bids you join him on a quest to eternal glory! In Medieval Mayhem, students unite together as a noble house and compete against others to build a kingdom worthy of greatness. Joust your way to honor and battle your way to fame in this amazing adventure full of engaging engineering challenges.

**Ages:** 7-12

Activity	Day	Date	Time
442101B	Tue-Fri	Dec 27 – Dec 30	1-4pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$120/\$130

### Junior Inventor’s Workshop

We have opened up the workshop for a four-day week of fun, creativity, and of course — engineering! Over the course of a week, students will invent new machines and explore creative design solutions using the Engineering Design Process. Discover how a wind-up toy works and design your own drawing robot inside the Engineering for Kids Inventor’s Workshop.

**Ages:** 5-7

Activity	Day	Date	Time
442102A	Tue-Fri	Dec 27 – Dec 30	1-4pm

**Location:** Clark Hall, 380 Granville St.

**RDR/NR:** \$120/\$130



mark your calendars NOW!

# Camp Registration Day - Feb 25!

Saturday, Feb 25, 2017

9am-12pm; Gahanna City Hall

Register for Gahanna summer camp programs on this day and be able to make installment payments and receive Early Bird prices!

To register for Gahanna summer camp programs, you must complete/provide the following:

- Proof of residency if applicable
- A current health insurance card and current immunization record for your child
- A completed 2017 Summer Camp Registration Form for each child
- Review the parent handbook and sign acknowledgement of 2017 Parent Handbook

All forms and the Parent Handbook will be available on the "Camp" page of the Parks & Recreation tab at [www.gahanna.gov](http://www.gahanna.gov) prior to Registration Day, or they may be picked up at the Parks & Recreation office at Gahanna City Hall early next year.

In order for your camper to attend camp, he/she MUST have a completed health history form. Health history forms are completed through Gahanna's online ePACT portal. An email invitation is sent to each participant, from ePACT, to log on and create an account to provide current health information for the camper(s). Details regarding this process will be sent to participants upon registration, with email invitations sent after that.



## VISIT GAHANNA PRESENTS



**Sunday Nov 20**  
**Holiday Lights Celebration**  
 CREEKSIDE DISTRICT, 2-7 PM  
 Reindeer petting zoo, horse-drawn carriage rides, live holiday music, touch-a-truck, Game Truck, crafts, food trucks, shopping, tree lighting, business open houses, Santa and holiday "selfie" stations.  
**FREE ADMISSION!**

**Saturday Dec 3**  
**Santa Race 5K & Little Reindeer Dash**  
 CREEKSIDE DISTRICT  
 8:30 AM REGISTRATION  
 Presented by Mount Carmel Health System.  
 Medals, T-shirts and FUN!

**Saturday Dec 10**  
**Holiday Character Breakfast**  
 CENTERPOINT CHURCH, 620 MCCUTCHEON RD.,  
 8 AM-12 PM  
 Presented by Meijer. Breakfast with Katie's Pancakes, a special performance by Columbus Children's Theatre, kids' crafts.  
 Available online:  
[www.VisitGahanna.com](http://www.VisitGahanna.com)

VISITGAHANNA.COM | 614.418.9114



# GAHANNA PARKS & RECREATION FOUNDATION

## Gahanna Parks & Recreation Foundation

The GPRF is a separate non-profit, 501C3 charitable organization established in 2008 to help improve the quality of parks and recreation services for a healthier Gahanna. Since it's inception, the foundation has brought in more than \$300,000 through sponsorships, events and donations and have given back more than \$165,000 in scholarships, park improvements, public art, school collaborations, and more.

## Mission & Background

Leading the community in partnership for parks and recreation, the Foundation is committed to conserving and improving the quality of Gahanna parks for current and future generations.



Through our core focus on people, community, environment and legacy, we foster the needs of our citizens through accessible programs and high level services within human development, health and wellness, cultural unity and environmental resources. Our focus is on making Gahanna a great place to live, work and play.



[www.GahannaPRF.org](http://www.GahannaPRF.org)

# Creepside Festival



Saturday, October 22, 2016 1-5pm  
Creekside District, 117 Mill St.





# How to Register

## Four Ways to Register!

1. Register for selected classes and programs on-line! Get your user name and password to get started! Call or email Parks & Recreation at 614.342.4250 or parksandrec@gahanna.gov. Request online now and be approved within one business day.
2. Call our office at 614.342.4250.
3. In person at Gahanna City Hall Parks & Recreation office, 200 S. Hamilton Rd., Monday-Friday, 8am-5pm.
4. Complete and sign the registration form available on the Parks & Recreation page at Gahanna.gov. Enclose fee payment (check or credit card number). Check must be made payable to City of Gahanna. Mail, use the Drop Box or Fax to Gahanna Parks & Recreation, 200 S. Hamilton Road, Gahanna, OH 43230. Our fax number is 614.342.4351 or 614.342.4100 (Fax is for credit card payments only)

These policies and forms apply to Parks & Recreation and Ohio Herb Education Center programs only. (not Senior Center programs).

**Don't Wait to Register!**  
Sometimes classes are cancelled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

## Class Policies

The Gahanna Department of Parks & Recreation requires participants registering for age or grade-specific programs to be the minimum age or grade listed by the first day of the program.

The Gahanna Department of Parks & Recreation will regularly photograph the classes and their participants. The photographs may be used in publications and online. If you wish not to be photographed, please indicate so on the registration form.

## Contact Gahanna Parks & Recreation

- Phone:** 614.342.4250  
**Fax:** 614.342.4351  
**Address:** 200 S. Hamilton Road  
 Gahanna, OH 43230  
**Email:** parksandrec@gahanna.gov  
**Website:** Gahanna.gov/departments/parks  
 OhioHerbCenter.org

aparksrec



614.342.4250

parksandrec@gahanna.gov



Gahanna.gov

## Inclement Weather Cancellation Policy

Participants are notified via email when cancellation decisions are made at least 1.5 hours before the scheduled program begins. Last minute cancellations are still possible.

Programs located at a Gahanna Jefferson school facility (regardless of time) and The Senior Center (480 Rocky Fork Blvd) and Active Senior Programs are cancelled when Gahanna Jefferson Schools are closed for the day and rescheduled at a later date. The Senior Center closes operations and active senior programs when Gahanna Jefferson schools are closed.

For programs occurring on a weekend or beginning after 3pm on a weekday at a non-school location: Class will be held unless there is a level 2 or 3 snow emergency or if the Department of Parks & Recreation determines weather conditions to be hazardous.

## REGISTRATION POLICIES

### Fee Structure

The City of Gahanna's operations are funded primarily through income taxes paid to the City of Gahanna. For this reason, any person residing in the City of Gahanna, or who is an employee of a business located within the City of Gahanna (which also includes a spouse and/or child of such employee), will pay the resident discount rate when registering for a program or when reserving a Park and/or Golf Course facility. All others will be required to pay the standard rate otherwise noted. Please note that even if you have a Gahanna mailing address and/or live within the Gahanna-Jefferson School District, you MAY NOT be a qualifying resident of the City of Gahanna.

In order to receive the resident discount rate, a person must live within the Gahanna City limits and may be required to verify proof of residency by showing a current City of Gahanna water bill, along with any valid photo identification. A full-time employee (spouse or child) of a business located within the City of Gahanna must provide proof of employment on company letterhead (with Gahanna address) signed by the personnel director or president of the company. Presentation of a valid photo identification of the employee is also required.

Fees must be paid at the time of registration. Only receipt of payment reserves enrollment. All programs have limited enrollment.

## CANCELLATION, REFUND AND CREDIT POLICIES

### Class Cancellations:

We will contact you if a class has been cancelled or filled to maximum capacity prior to processing your registration. If you do not hear from us, please attend the first class.

### Camp Friendship Camping Company Cancellations:

Details regarding cancellations, refunds and credits may be found in the Parent Handbook.

### Facility Cancellations:

Reservations cancelled more than 30 days in advance of the registration date will receive a refund, less at \$10 administrative fee. Cancellations 14-29 days in advance will receive a 50% refund; cancellations less than 13 days receive no refund. Changes or rescheduled reservations are subject to a \$10 administrative fee. No refunds for inclement weather.

**Program Refunds and Credits:** Refunds are only issued in instances when a class/program has been cancelled by the Department. Absolutely no refunds will be issued for customer requested cancellations, classes and programs.

# Art is for Everyone



A new partnership between the City of Gahanna and the Franklin County Board of Developmental Disabilities/Arc Industries to celebrate art in Gahanna!



Enjoy these beautiful works of art on display at Gahanna City Hall December 2-29.



Arc Industries instructors work with developmental disabled artists to create beautiful works of art using clay, paint on canvas and mixed media.



Join us for a series of *Art is for Everyone* classes in 2017 led by Arc Industry instructors and open to all Gahanna residents. See page 12 for details!



Meet-and-Greet Reception  
w/ Northeast Center Artists  
Tuesday, December 6  
9:30am-12:30pm  
Gahanna City Hall,  
200 S. Hamilton Rd.

