

Typical Daily Schedule

- Mondays**
 9:15a Yoga Gold
 10a Crafts
 10:30 Line Dancing
 12p Bridge
 3:30p Table Tennis
- Tuesdays**
 8-9:30a Walk program at YMCA (Register at Senior Center)
 9:30a Open Art
 10a Game Day (Tripoley, Bunco)
 10:30a Kitchen Band
 12:30p Euchre
 1p Ceramics
 3p Bean Bag Baseball
- Wednesdays**
 9a Quilting Guild
 Special Events (see calendar)
 2p Art with Amber
 6:30p Bridge
- Thursdays**
 9a Zumba Gold
 10a Tai Chi
 12:15p Pinochle or Poker
 1p Calligraphy
 3p Table Tennis
- Fridays**
 9:15a Yoga Gold
 10:15a Wii Bowling
 10:30a Zentangle (Basics)
 12:30p Duplicate Bridge
 1p Mahjongg
 1p Zentangle (Advanced)

Monday



- 7**
 10a-6p OPEN HOUSE!
 Tell a friend, bring a friend!
 3p Book Review Club
- 14**
 1p Jewelry with Jean
- 21**
 11:30a Creative Cards
 11a Microwave Meals
 Must Register \$5/person
 Instructor: Patty Miller
 3p Book Review Club
- 28**

Tuesday

- 1**
 10a Game Day! (Tripoley - Bring \$3 in pennies)
 10:30a Herbal Kitchen
 "Herbal Salts"
 \$5 members \$7 others
- 8 Election Day**
 Programs in front room
 10a Game Day!
 (Bunco - Bring \$2)
 10:30a No Kitchen Band
 11:30a Lunch Social
 Featuring: California medley, salad, & dessert
 (\$5 - register)
- 15**
 10a Game Day! (Tripoley - Bring \$3 in pennies)
 2:30-3:30 Wine & Dine at New Albany Rehab,
 Skilled Nursing & Assisted Living Center (Register, Van leaves at 2pm)
- 22**
 10a Game Day!
 (Bunco - Bring \$2)
- 29**
 10a Game Day! (Tripoley - Bring \$3 in pennies)

Wednesday

- 2**
 11a Potluck & "Project Interact" Please Register
- 9**
 11a Lunch & Learn
 "Physical Activity & Cognitive Function"
 by Spencer Fee, Wellness Coordinator of Methodist Eldercare (register)
- 16**
 11a Lunch Bunch at Cheesecake Factory in Easton (Register)
 2p Poker
 2:30p Senior Advisory Committee Meeting
- 23**
- 30**
 12p Lunch & Bingo
 Register by Monday 28th
 Lunch \$5 / BINGO \$2

Thursday

- 3**
 12:15p Pinochle
- 10**
 10:30a Kitchen Band performing at Brookdale in Groveport
 10a-2p Craft Group Sales at City Hall Lobby
 12:15p Poker
- 17**
 12:15p Pinochle
- 24**
 Happy Thanksgiving
 Center Closed
- 1 December**
 12:15 Pinochle
 Amish Christmas Visit
 Day trip to Berlin, OH
 2017 Membership Drive begins!

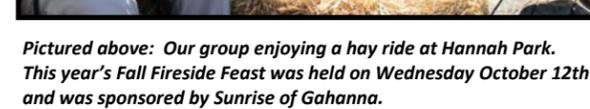
Friday

- 4**
 1p Birthday Bash !
 with Summit's Trace
 Let's all celebrate with our Oct. birthdays. (register)
 All Members Welcome.
- 11**
 Veteran's Day

 Center Closed
- 18**
 8:30a-4p Tanger Outlets Shopping Day Trip (Delaware location)
 Register for van
 10:15a Wii Bowling
 Pizza Party
- 25**
 Center Closed
- 2 December**
 1p Birthday Bash w/ Trace, Celebrate with all our November Birthdays!
 All members welcome.
 Please register.



Friendly faces at our year-end League Banquet.



Pictured above: Our group enjoying a hay ride at Hannah Park. This year's Fall Fireside Feast was held on Wednesday October 12th and was sponsored by Sunrise of Gahanna.

Hamilton Road Round-a-bout Training

Weather permitting, curb and base paving operations may be complete by November 30th, 2016 for the new Hamilton Road roundabouts. In preparation for this, several Gahanna Seniors attended a class on October 24th to become more familiar with the round-a-bouts thanks to Gahanna's Service & Engineering and Parks & Recreation departments. Attendees of the class drove golf carts through a "mock" course which helped to simulate driving through the Hamilton road round-a-bouts. The course is still available at Headley Park parking lot for those wishing to walk it and take a closer look.

2017 Senior Center Membership Drive

During the weeks of December 1st through 16th we will kickoff our annual Active Senior membership drive for 2017. All members wishing to renew their membership, as well as first time members, may sign up at our front desk. Those who register or renew their membership by 12noon on December 16th will have a chance to win exciting and valuable prizes! Winners will be announced Friday, December 16th at 3:30PM.



**2016 Active Senior Golf League ...
 ... A Swinging Success!**

In 2016 our Active Senior Golf League experienced tremendous growth and engaged more than fifty golfers throughout the season. Special thanks to our League Sponsors, along with Blaine Miskell and the staff at the Gahanna Municipal Golf Course for a great season.

- Men's Overall:**
 1st place - Tim Houghton
 2nd place - Bill Scharff
 3rd place - Bob Egler
- Ladies Overall:**
 1st place - Darlene Marks
 2nd place - Barb Geis
 3rd place - Jodi Weiser

- Men's Division Tournament Winners:**
 Dick Reece, Chuck Weiden, Jim Powell, Carl Tisone
- Mixed Division Tournament Winners:**
 Bob & Sue Egler, John & Donna Grubb



Pictured above & below: Senior Golf League participants enjoying a day on the course.



Upcoming Events

Save the Date!

Election Day
Tue. November 8th

Lunch & Learn
Wed. November 9th

Center closed for Veterans Day
Fri. November 11th

Wine & Dine at New Albany Rehab, Skilled Nursing, and Assisted Living
Tue. November 15th 2:30-3:30PM

Tanger Outlet Shopping Trip
Fri. November 18th 8:30 - 3:30PM

Center Closed for Thanksgiving
Thu. November 24th & Fri. 25th

2017 Membership Drive Renew your Membership!
December 1st through 16th

An Amish Christmas Visit
Thu. December 1st (Berlin, OH)

Meet & Greet Reception with Northeast Center Artists
Tue. December 6th 9:30AM-12:30PM
located at City Hall; The Art Show and Sale will run December 2nd through 29th

Christmas Social & Open House
Wed. December 14th 12:45 Kitchen Band
1PM HS Chorale (Open to Public)

Center Closed for Holidays
Mon. December 19th through
Mon. January 2nd (Re-open Jan 3rd)

Paradise in Punta Cana Trip
March 1-6, 2017

Four Corners National Parks Trip
May 11th-18th 2017

Pictured below: Crafts for sale from our Senior Craft Group. Please support our fundraising efforts to help children at Nationwide Children's Hospital.



"Art is For Everyone"

"Art is For Everyone", a new partnership between the City of Gahanna and the Franklin County Board of Developmental Disabilities (FCBDD), will teach us that art is a wonderful vehicle to connect with others. Artists from the Northeast Center will be displaying their art at City Hall this December and we invite all of our members to support this great initiative by meeting the Artists, and sharing appreciation for their talents. Please see the Gateway (page 12) for more details of this program and upcoming events.

Potluck & Project Interact

This wonderful inter-generational program runs monthly during the school season every first Wednesday of the Month. Please register and plan to join us as we get to know, and learn with, our Gahanna school students!

Senior Craft Group Holiday Sales!

All proceeds benefit the Children of Nationwide Children's Hospital

November 10th 10-2pm at City Hall's Lobby
December 14th 10-4pm at Senior Center

SAVE! SAVE! SAVE! on 2017 Active Seniors Travel Programs

For those who register for a 2017 World of Travel program during the months of **October, November, and December 2016**, you will be entered into a drawing to win a \$50 gift certificate towards your World of Travel trip! Winner to be announced December 16th.

Four Corners National Parks!

Christmas Market Cruise on the Danube River!

Chicago Escape! Best of Pittsburgh!

Paradise in Punta Cana!

Obtain trip details and brochures at our office

New Class! "Herbal Kitchen & Culinary Delights"

Every first Tuesday, come learn herbal tips and tricks as we sample culinary recipes.

November 1st-Herbal Salts December 6th-Herbal Cookies January 3rd-Soup Mixes
10:30-11:30am \$5/person. (please register in advance)

Active Senior Advisory Committee

Our next meeting will be
November 16th at 2:30 pm.

LUNCH & LEARN

November 9th 11:30 - 1 pm
"Physical Activity and Cognitive Function"
Please Register

Meal Programs

(Please register at the front desk for all meal programs)

Lunch Social
Tuesday November 8th, 11:30 am.
Soup is back! Visit with fellow members and enjoy California Medley soup, Salad, and dessert. \$5/person.

Lunch & Bingo
Wednesday November 30th, 12 noon.
Lunch is \$5.00 (Chicken with Orzo soup, two sides, and dessert)
Bingo \$2.00. Register by Monday, November 28th 12 noon.

Lunch Bunch
If riding the van, \$4 collected at time of sign up (non-refundable)
Senior Van will leave Senior Center 30 minutes before start time.
If you sign up and need to cancel, please do so ASAP so other members on the waiting list may attend. Also, restaurants are expecting a certain number of confirmed guests which we provide them. Please attend if registered. Thank you.

November 16 - Cheesecake Factory (Easton) 11am
December 9 - Hickory House (Gahanna) 11am (This is a Friday)

"Potluck & Project Interact" is back!
Join us for special presentations by students of the Gahanna School district. We also enjoy a potluck lunch together in this wonderful inter-generational program. Time well spent! Please register.

November 2nd 11:30am
December 7th 11:30am

Lunch & Learn!
Join us for a FREE lunch and a guest presentation.
Wednesday November 9th 11am
"Physical Activity and Cognitive Function" presented by Spencer Fee, Wellness Coordinator for Methodist Eldercare, the parent company to Wesley Woods at New Albany.

Microwave Meals (new class!)
Make an entire meal in your microwave with simple easy-to-follow recipes. Cost \$5/class. Instructor: Patty Miller
Certain Mondays 11-12:30pm
November 21st - Meatloaf, Easy omelet, pineapple upside-down cake
December 12th—Cauliflower Mac-n-cheese, Mexican Dip, Chocolate Cake



On October 1st through 7th, forty Active Seniors traveled along the east coast as we explored various vintage and historic lighthouses during our "Lighthouses of The Mid-Atlantic" Trip. A great time had by all !!!!!

Pictured above-left: Bodies Lighthouse in Outer Banks
Pictured above-right: Our group at Virginia Beach by the three-story tall sculpture of Neptune.



Please contribute to our food donation box located on the kitchen counter as we support GRIN, Gahanna Residents In Need. Our Center does NOT collect clothing, only non-perishable food. If you have clothing you would like to donate, please do so at the GRIN office located at 760 Morrison Rd Suites A&B. They are currently accepting Fall and Winter donations. Please visit GRIN's website for hours of operation. Thank you for your support.

Wine & Dine with us at
New Albany Rehab, Skilled Nursing, and Assisted Living Center on Tuesday November 15th at 2:30PM.
Register in advance.
Transportation \$4/person

Welcome New Members!

Rita Cone * Ralph Pyatt * Donna Boyce
Mary Isabel * Ann Fry * Kay Fisher