



THE GATEWAY

CITY OF GAHANNA

DEPARTMENT OF PARKS & RECREATION

WINTER 2015-2016 PROGRAM GUIDE

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Our Civic Leaders

Mayor: Becky Stinchcomb	Mayor Elect: Tom Kneeland
City Attorney: Shane W. Ewald	Shane W. Ewald
Gahanna City Council:	Gahanna City Council Elect
Ward 1: Stephen A. Renner	Stephen A. Renner
Ward 2: Michael Schnetzer	Michael Schnetzer
Ward 3: Brian Larick	Brian Larick
Ward 4: Jamie Leeseberg	Jamie Leeseberg
At Large: Karen J. Angelou	Karen J. Angelou
Ryan P. Jolley	Nancy McGregor
Tom Kneeland	Brian Metzbower

Parks & Recreation Staff

Troy Euton, Director
 Mike Musser, Deputy Director
 Jeffrey Barr, Parks Superintendent
 Shannon Sorrell, Recreation Superintendent
 Pam Ripley, Office Coordinator
 Jim Ferguson, Parks Foreman
 Rob Wendling, Parks Technician - Forestry
 Marty White, Facilities Foreman
 Sara Crombie, Recreation Supervisor
 Zac Guthrie, Recreation Supervisor
 Patrick Monaghan, Recreation Supervisor

Parks & Recreation Board

Meetings held at 7pm on the first Wednesday of each month at City Hall unless otherwise noted. All meetings are open to the public.

Jill Schuler, Vice Chair	Andrew Piccolantonio
Eric Miller, Chair	Jan Ross
Cynthia Franzmann	Luke Messinger
Vincent Tremante	

Gahanna Landscape Board

Meetings are scheduled on April 1, August 5, and November 4, 2015, at 6pm at City Hall unless otherwise noted. All meetings are open to the public.

Jane Allinder, Chair	Ken Shepherd
Melissa Hyde, Vice Chair	Mark DiGiando
Matt Winger	

Part-Time Coordinators

Sophia Dimofski, Senior Services Coordinator
 Denny Evans, Facilities Coordinator
 Joe Hebdo, Golf Course Coordinator
 Beth McCollam, Public Information Coordinator
 Jordan McCoy, Golf Course Coordinator
 Erica Powell, Assistant Recreation Coordinator, Herb Center
 Brooke Sackenheim, Recreation Coordinator, Herb Center
 Tristian Sutton-Jennings, Front Desk Coordinator

Volunteer Advisory Committees

The Parks & Recreation Board created the following advisory committees to assist the Department of Parks & Recreation with facilitating planning, promotion and implementation with the assistance of volunteer residents. Please call 342.4250 if interested in volunteering on any of these committees.

Natural Resources Advisory Committee

The Natural Resources Advisory Committee is tasked to inventory the natural resources in each of Gahanna's parks.

Bicycle & Trail Advisory Committee

The Bicycle Advisory Committee, originally formed in 1995, is instrumental to the formation of our Bikeway Plan. This committee is meeting on a regular basis to update the original plan.

Aquatics Advisory Committee

The Aquatics Advisory Committee offers guidance and recommendations for Gahanna's city-run pools.

AROUND GAHANNA

Schedule of Events

(subject to change)

- Dec. 5, 12, 19 Visit with Santa at the Herb Center 9am-1pm
- Dec. 11 BWT Section 5 Ribbon Cutting 9:30am
Gahanna Municipal Golf Course Clubhouse
- Dec 21 Winter Camp Session 1 Start Date
Lincoln Elementary
- Dec 28 Winter Camp Session 2 Start Date
Lincoln Elementary
- Jan 14 Gahanna Preschool Fair 6-7:30pm
Gahanna Senior Center
- Feb. 27 Camp Registration Day 9am-12pm
City Hall
- Mar. 28 Spring Break Camp
Lincoln Elementary



Gahanna Veterans Memorial

Dedicated to all men and women who have served or are currently serving in the US Armed Forces. To honor those who have served our country, buy a brick to be placed at the Gahanna Veterans Memorial Park. Applications available at gahanna.gov or at the Parks & Recreation office. The cost is \$25 per brick. A commemorative certificate is available upon request for an additional \$2. Bricks are dedicated on Memorial Day and Veterans Day.

Deadline to purchase a Memorial Day brick is April 15

Please visit GahannaVets.org for more information.

Memorial Day Ceremony

Mon., May 30, 2016 at 1pm

Veterans Memorial Park, 73 W. Johnstown Rd.

Gahanna Preschool Fair

Thursday, January 14, 6:00-7:30 p.m.
Come evaluate local preschool programs all under one roof. Preschools in Gahanna and surrounding areas will be available to share information about their schools.
FREE!

Location: The Center, 480 Rocky Fork Blvd.



Community Garden Plots

Community Gardens at Friendship Park and Hannah Park are the perfect place to grow your plants and vegetables year-round! Purchase your plot now before they are all spoken for!

Location: Friendship Park, 150 Oklahoma Ave.

Raised beds are available in 2 sizes:

4' x 4' beds RDR - \$10 each SR: \$15 each

4' x 8' beds RDR - \$15 each SR: \$20 each

Location: Hannah Park, 6547 Clark State Rd.

Raised beds are available in 2 sizes:

4' round beds RDR - \$10 each SR: \$15 each

4' x 8' rectangular beds RDR - \$15 each SR: \$20 each

Lease Term: October 31, 2015 – October 31, 2016

A limited number of handicapped accessible beds (2' height) and chemical free plots are available on a first-come, first-serve basis. Applications will be accepted until all plots have been spoken for.

RENTAL FACILITIES

Park Shelters

Shelter rental rates are seasonal; See below

Prime Season: April to October Saturday, Sunday & Holiday rates				April to October: Mon-Fri only rates November to March: Every day rates	
	Rental Times	Gahanna Non-Profit & Resident	Standard	Gahanna Non-Profit & Resident	Standard
Friendship Park Gazebo*	10a-2p / 4p-8p	\$30	\$30	\$20	\$25
Woodside Green Park Shelter	10a-2p / 4p-8p	\$60	\$80	\$30	\$40
Friendship Park Shelter*	10a-2p / 4p-8p	\$80	\$100	\$30	\$40
Hannah Park Shelter*	10a-2p / 4p-8p	\$140	\$180	\$30	\$40

* From June to August, these facilities are available weekdays from 7pm - dark due to camp programs.

Inside Facilities - rent hourly

	Monday-Friday			Saturday, Sunday & Holidays		
		Gahanna Non-Profit & Resident	Standard		Gahanna Non-Profit & Resident	Standard
The Center	Rent hourly, (3 hr min) as available 8am-11pm	\$35	\$50	Rent hourly, (3 hr min) as available 8am-11pm	\$65	\$80
Golf Course Clubhouse	Rent hourly (3hr min) 8am-11pm	\$35	\$50	Rent hourly (3hr min) 8am-11pm	\$65	\$80
Flat Rate Special (5+ hrs) Golf Course	as available	\$157.50	\$225	as available	\$292.50	\$360
Ohio Herb Center	Rent hourly, as available	\$35	\$50	Rent hourly, as available	\$50	\$75

Additional Information:

- Rental cancellation fees: Clubhouse, shelter or gazebo-more than 30 days refund less \$10 administrative fee, 14-19 days 50% refund, less than 13 days no refund, \$10 change of date fee.
- Rates subject to change without notice.
- Smoking prohibited in all shelters, clubhouse and the Herb Center.
- Alcohol permits are available for purchase for rentals occurring at the Golf Course Clubhouse, Hannah Park Shelter and The Center ONLY.
- Facilities are rented on a first-come first served basis. Payment, deposit and reservation form is required to reserve the facility or shelter. Facilities are available for rent one calendar year in advance. For example, if you are interested in renting a facility for April 30, 2016, you may do so on April 30, 2015.
- Refundable security deposit of \$100; all rentals require a check dated with the event date or credit card valid on event date deposit. Deposits are charged when contracts are violated (including but not limited to issues such as: facility not cleaned properly, unpermitted alcohol, smoking, and use during non-rented hours).
- To rent a facility: reservation forms are available at the Parks & Recreation office or online at Gahanna.gov. Please call 342.4250 to check for availability.
- Additional permits required for all amusement providers (game trucks, inflatables, etc.)
- Interested in re-occurring rentals? Call us to discuss rates.
- Pictures available by visiting the Parks & Recreation page at Gahanna.gov and click on "Facility & Shelter Rentals".

GOLF COURSE

220 Olde Ridenour Rd., Gahanna, OH 43230
Pro Shop: 614-342-4270



AQUATIC FACILITIES

Hunters Ridge Pool, 341 Harrow Blvd. • 614-342-4269
Gahanna Swimming Pool, 148 Parkland Dr. • 614-342-4272

March through November, weather permitting. Call ahead for tee times! Throughout the season the course hosts league play on weekday afternoons/evenings; tee times are not available during league play hours. Must be 12 years old to golf without an adult.

Memberships with Gahanna Aquatics give pass holders access to both our public facilities--Gahanna Swimming Pool and Hunters Ridge Pool. **Must be 11+ years of age to enter either facility alone. Those under 10 must be under supervision of parent/guardian or registered provider.**

2016-17 Annual Membership Rates

	Residents	Standard (N/R)
Adult	\$357	\$407
Couple	\$510	\$610
Junior (under 18)	\$255	\$305
Senior (55+)	\$255	\$305
Senior Couple	\$408	\$508
Midday*	\$255	\$305

*Midday Memberships include unlimited golf from 9am-3pm, Monday-Friday, excluding Holidays.

2016-17 Greens Fees

	Adult	Junior (under 18) or Senior (55+)
Weekday	\$11	\$9
Weekend/Holiday	\$11	\$11
Additional 9 Holes	\$4	\$4

2016-17 Rental Fees

Motor Cart (9 holes)	\$6
Motor Cart (18 holes)	\$10
Pull Cart	\$2
Golf Clubs	\$5

Lunch Break Special Mon-Thu

11am-1pm 9 holes \$12 with cart

Sunrise Special Mon-Thu

Open-8am Excluding league times. 9 holes \$12 w/cart



2016 Membership Rates

	Gahanna Resident Rate		
Memberships Valid at BOTH Pools	Early Bird until Apr 22	Sneak Peek Apr 23-May 24	Regular May 25 - end of season
Single: Ages 11+ or on swim team	\$140	\$170	\$195
Couple: 2 people, same household	\$190	\$225	\$255
Family: 3+ people, same household	\$225	\$265	\$300
Senior: ages 55+	\$70	\$85	\$100

	Standard Rate		
Memberships Valid at BOTH Pools	Early Bird until Apr 22	Sneak Peek Apr 23-May 24	Regular May 25 - end of season
Single: Ages 12+ or on swim team	\$175	\$195	\$215
Couple: 2 people, same household	\$240	\$255	\$270
Family: 3+ people, same household	\$280	\$305	\$330
Senior: ages 55+	\$90	\$105	\$120

Pool Season

Gahanna Swimming Pool will be open only while Gahanna Jefferson Public Schools are on summer vacation. All operations will be consolidated to Hunters Ridge Pool after school begins.



Visit the Parks & Recreation page at www.Gahanna.gov and click on "Aquatics" for registration forms and details!



HERB CENTER

Shop

Ohio Herb Education Center, located at 110 Mill St., is open Tuesday-Friday 12-6pm and Saturday 12-4pm. Shop our array of herbal related educational books, bodycare, tea and accessories, culinary and our signature Herbal Surrender products.



Rent

The Space

Organizing a gathering? Stop by the Ohio Herb Education Center's Nafzger-Miller parlor to book your next event. This unique space is suitable for parties and meetings of up to 25 people and is available for rent 7 days a week.

This historic space features three newly repurposed round wood tables with chairs that are interchangeable with modern style 6'x2' metal tables. Rental includes access to the covered front and back porches and a basic kitchen are also available.

The Herb Center's rental space also has a projector screen available, making the space suitable for your next business meeting.

An Herbal Introduction

Add an herbal touch to your rental experience with an Herbal Introduction. The Herbal Introduction includes a 15 minute presentation on a topic of your choice and a memorable token for you and your guests.

Choose from one of the following topics:

- Herbal Wedding Traditions
- Tea to Perfection
- Herbs in the Kitchen
- Little Ladies and Gentlemen Etiquette
- A Customized Introduction

For pricing and booking, visit OhioHerbCenter.org to book your event.

Learn

Gahanna Herb Group

The Gahanna Herb Group is a 9-month program focusing on herbs and their uses. Each month participants study one herb in depth as well as learn hands-on techniques from the culinary, wellness and craft areas. Herbs are viewed and studied from botanical, historical, folkloric, wellness and energetic points of view.

This group receives bi-weekly emails featuring reference sources, educational videos, informative guides and access to Herb Center staff. This cooperative learning environment is for individuals who would like to dedicate time to earn a deeper understanding of all things herbal.

Testimonial

"The instructors worked well together and were very informative. They made learning about herbs fun. I liked the hands on approach that kept the classes interesting and I was able to use what I learned right away." —Barb F.

Benefits include: monthly class, fresh or dried herb for home practice, 10% off all gift shop items, one complimentary class pass to attend an additional class taught by herb center staff, offsite group learning opportunities and exclusive bi-weekly information packed emails for home study & additional reference.

Dates: Tuesdays, September 8, October 13, November 10, December 8, January 12, February 9, March 8, April 12, and May 17

Time: 6:30-8pm

Class Type

RDR/SR

Full Payment**

\$220/\$260

Quarterly Option

\$80/\$90 Payments Due Sep/Dec/Mar

One Time Drop in

\$30/\$35

**Participants who pay the full payment receive an exclusive Herb Center gift.



The information provided by the Ohio Herb Education Center is primarily for reference and education. It is not intended to be a substitute for the advice of your personal physician. The Center does not advocate self-diagnosis or self medication; nor does the Ohio Herb Education Center endorse alternative medicine in lieu of traditional medicine; it urges anyone with continuing symptoms, however minor, to seek medical advice. Please be aware that any plant substance, whether used as food or medicine, externally or internally may cause an allergic reaction. Consult your primary care physician before making changes to your lifestyle.

HERB CENTER

Call 614.342.4250 or 614.342.4380 to register today!

December

Holiday Herb Crafts at the Center for Active Adults

Celebrate the holiday season with herb crafts and music. For two hours on Thursday, the Herb Center staff will bring a variety of crafts to create. Give them as gifts or enjoy as keepsakes.

Ages: Active Adult

Activity Day	Date	Time	RDR/SR
410604A Thu	Dec 10	6-8pm	\$5/craft

Location: The Center, 480 Rocky Fork Blvd.

Visit with Santa at the Herb Center!

Meet the jolly old elf, Santa Claus! As you walk up to the decorated North Pole Annex, conveniently located at the Ohio Herb Center, you will be greeted by Santa's elves and helpers that will guide you to the letter writing station. You will then get to sit on Santa's knee and pose for a special keepsake photo, complete with a picture frame that the children make themselves! Then step into Mrs. Claus' parlor for special make & take crafts!

Ages: All Ages are welcome.

Day	Date	Time	RDR/SR
Sat	Dec 5	9am-1pm	\$5 per craft/photo or 3 items for \$12
Sat	Dec 12	9am-1pm	\$5 per craft/photo or 3 items for \$12
Sat	Dec 19	9am-1pm	\$5 per craft/photo or 3 items for \$12

Location: Ohio Herb Education Center: 110 Mill St.

January

Fundamentals of Home Herbalism

This intensive course is designed to teach you how to incorporate healing herbs in support of your vitality and wellness. Ohioherbcenter.org for full schedule.

Mixing Herbal Teas

Taste the many wellness benefits of a cup of herbal tea. Blend your own based on class discussion.

Date: Saturday, January 9, 1:00-2:00p

Herbal Candles

Transform simple jars, ribbons and dried herbs into one-of-a-kind decor.

Date: Saturday, January 16, 1-2PM

Herbs for Kid's

Parents and guardians introduce your children to simple recipes to help promote wellness through the winter.

Date: Saturday, January 23, 1:00-2:00p

Terrariums: Worlds in Miniature

Materials and instruction will be provided to craft your own miniature world in class.

Date: Saturday, January 30, 1-2PM

February

Herbal Beads

This age-old crafting tradition can be used with herbs and fragrant flowers to make custom crafts.

Date: Saturday, February 6, 1:00-2:30pm

Herbs & Cupcakes

Indulge in the delicious magic of herbs in another avenue of the culinary world.

Date: Saturday, February 13, 1-3pm

Spa Day at the Herb Center

An herbal spa day! Arrive ready to make, as well as try out these herbal treatments.

Date: Saturday, February 27, 1:00-3:00pm

March

A Starter Herb Garden

Simple garden planning, and how to create the best growing conditions for your herbs.

Date: Saturday, March 5, 1:00-2:30p



**Check out the Community Gardens!
Now at Friendship Park AND
Hannah Park!**



/GahannaParksRec

ACTIVE ADULT PROGRAMS

Basketball & Volleyball Open Gyms

Open gym participants must be 18 years of age and bring a valid driver's license. Passes may be purchased at the Parks & Recreation office. Open gyms will run October 2015 - April 2016. Schedule including start date and skip dates will be posted at www.gahanna.gov, all information listed below subject to change.

Single Visit Pass: RDR \$5/SR \$8,

If drivers license is not presented, participants will be charged standard rate. Please bring exact change.

Season Pass (Valid October 2015 – April 28, 2016)

Valid for volleyball or basketball: RDR \$70/SR \$80

Basketball: Middle School South, 349 Shady Spring Dr.

Age	Day	Date	Time
18+	Tue	Oct 2015-Apr 2016	8:30-10:30pm

Basketball: Middle School South, 349 Shady Spring Dr.

Age	Day	Date	Time
35+	Thu	Oct 2015-Apr 2016	8:30-10:30pm

Volleyball: Middle School East, 730 Clotts Rd.

Age	Day	Date	Time
18+	Tue&Thu	Oct 2015-Apr 2016	8:45-10:30pm

Mark the Spot Fitness

MTS Super Moms Pre-Natal Fitness

Exercising throughout pregnancy has been proven to help moms maintain weight and health AND to improve the health and intelligence of their newborn baby. If you are an expectant mother, don't miss this opportunity to stay fit with the guidance of Pre & Post Natal Exercise Specialist, Mark Caraway. Attending this class will help you to prepare for your big day by performing strength and cardio exercises while learning proper breathing to prepare for labor! Come join the MTS Super Moms!

**Always consult with your physician prior to exercise.

Prenatal 4 week class, ages 18+.

Location: Gahanna Municipal Golf Course, 220 Olde Ridenour Rd.

Activity	Day	Date	Time	RDR/SR
112801A	Mon	Jan 18-Feb 8	10am	\$30/\$35
112801B	Mon	Feb 15-Mar 7	10am	\$30/\$35
112801B	Mon	Mar 14-Apr 11	10am	\$30/\$35

*skip Mar 28

MTS Super Moms Post-Natal Fitness

If you are looking for a child-friendly fitness class and to meet other women, then this is the perfect class for you! Certified Personal Trainer Mark Caraway, of Mark The Spot (MTS) Fitness & Wellness will coach you through a full body workout, while your child (0-5) plays and socializes with other children or even joins in on the fun with you! The workout is formatted for all fitness levels and can be modified to your ability. These go at your own pace workouts are designed to challenge you at your level. You DO NOT need to bring a child to join our class; however, this is a child friendly class! **Always consult with your physician prior to exercise.

Post-Natal 4 week class

Location: Gahanna Municipal Golf Course, 220 Olde Ridenour Rd.

Activity	Day	Date	Time	RDR/SR
112802A	Fri	Jan 22-Feb 19	10am	\$30/\$35
112802B	Fri	Feb 26-Mar 11	10am	\$30/\$35
112802C	Fri	Mar 18-Apr 15*	10am	\$30/\$35

*skip Apr 1

Yoga

Join our very experienced teachers who have studied with many great yoga teachers, including Rodney Yee, Colleen Seidman Yee, Doug Keller, Tim Miller, Cyndi Lee, Angela Farmer, Swami Ramananda and more to provide students with a "true" yoga experience."

Sue Johnson, RYT 500, RMT, Certified Yoga on High Instructor

Lori Bower, RYT 500, RMT, Certified Yoga on High Instructor

All Classes: Gahanna Municipal Golf Course, 220 Olde Ridenour Rd.

Hatha Yoga

Feel better, stronger, and relieve stress as you experience the mind/body connection in this class. Explore the benefits of ASANA (yoga postures) to gently stretch and strengthen the body. Breathing techniques quietly relax the mind and emotions and take you into a deeper level of consciousness. You will become more aware of patterns that facilitate a healthy spine, and a more relaxed and easeful body, mind, and spirit. Please bring a yoga "sticky" mat and 2 firm blankets.

Ages 18+

Beginners

Activity	Day	Date	Time	RDR/SR
110102A	Tue	Jan 12-Feb 16	5:45-6:55pm	\$80/\$90
110102C	Tue	Mar 8 – Apr 12	5:45-6:55pm	\$80/\$90

Experienced

Activity	Day	Date	Time	RDR/SR
110102B	Tue	Jan 12-Feb 16	7-8:15pm	\$80/\$90
110102D	Tue	Mar 8 – Apr 12	7-8:15pm	\$80/\$90

Slow Flow Hatha Yoga

Gentle, slow flowing warm ups get the body and mind ready to move into a variety of more challenging flow series, including sun salutations and other creative flow movements. Meditation and breath work incorporated. Modifications provided for all student levels. This class will leave you feeling refreshed, relaxed, and energized. To enjoy your yoga experience, please bring a yoga "sticky" mat and 2 firm blankets.

Instructor: Sue Johnson

Activity	Day	Date	Time	RDR/SR
110101A	Wed	Jan 13-Feb 17	10:30-11:45am	\$80/\$90
110101B	Wed	Mar 9 – Apr 13	10:30-11:45am	\$80/\$90





YOUTH PROGRAMS

Jump Start Sports

Little Hoop Stars

Players are taught basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program combined with a recreational game each week. All coaching conducted by Jump Start sports staff using an organized, fun-oriented, age-appropriate format. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule.

Ages: Coed 4-5 years

Class	Day	Date	Time	RDR/SR
102301A	Sun	Jan 17-Feb 28	3pm OR 4pm*	\$69/\$79
102301B	Sun	Mar 13 – Apr 24*	3pm OR 4pm*	\$69/\$79

*off Mar 27

Location: Gahanna Middle School East

Hoop Stars

Players are taught basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program combined with a recreational game each week. All coaching conducted by Jump Start sports staff using an organized, fun-oriented, age-appropriate format. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule.

Ages: Coed 6-7 years

Class	Day	Date	Time	RDR/SR
102302A	Sun	Jan 17-Feb 28	1pm OR 2pm*	\$69/\$79
102302A	Sun	Mar 13 – Apr 24*	1pm OR 2pm*	\$69/\$79

*off Mar 27

Location: Gahanna Middle School East

Volleyball

A fun and instructional clinic, where all the basics are taught, including serves, sets, spikes, blocks, returns, positioning and team strategy. Whether your child is an experienced player or a complete novice, they will have fun learning about the sport. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule.

Age: Girls 9-12

Class	Day	Date	Time	RDR/SR
102303A	Sun	Jan 17-Feb 28	5:30pm OR 6:30pm*	\$69/\$79
102303B	Sun	Mar 13 – Apr 24*	5:30pm OR 6:30pm*	\$69/\$79

*off Mar 27

Location: Gahanna Middle School East



Additional Jump Start Sports opportunities to come! Visit the Parks & Recreation page at www.Gahanna.gov for details!

Tumblin' 4 Kids

The enthusiastic Tumblin' 4 Kids staff lead these motivational tumbling and gymnastics classes. Participants will learn proper stretching, tumbling and apparatus skills in a fun, encouraging environment!

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Winter: 6 weeks, 30 min sessions

RDR \$60 / SR \$70

Class	Title/Age	Day	Date	Time
400101E	TmbTots/2.5-3	Wed	Jan 6-Feb 10	4:30-5pm
400101F	TmbTots/2.5-3	Wed	Jan 6-Feb 10	5:30-6pm
400102E	TmbTyks/3-4	Wed	Jan 6-Feb 10	5-5:30pm
400102F	TmbTyks/3-4	Wed	Jan 6-Feb 10	6-6:30pm
400103E	TmbKidsI /4-5	Wed	Jan 6-Feb 10	6:30-7pm
400104E	TmbKidsII/5-6	Wed	Jan 6-Feb 10	7-7:30pm
400108E	TrboTmbrs/7-12	Wed	Jan 6-Feb 10	7:30-8pm

Mark The Spot Fitness

Certified personal trainer Mark Caraway brings his experience to Gahanna Parks & Recreation by providing adult and youth fitness programs bringing an enthusiastic, energetic approach to fitness that will inspire and engage. Mark's certifications include NESTA Personal Training, NASM Corrective Specialist, ACSM Inclusive Fitness Trainer, Les Mill BodyPump, C.A.T.C.H. (coordinated approach to child health) and has been training for 10+ years through YMCA's, fitness clubs and Wright State University

MTS Super Hero Youth Fitness

Each class participant will get to choose the superhero they want to be for the duration of the 4 week class. Each "superhero" will receive their very own character cape to keep! These capes can be worn each week to soar through exciting and challenging obstacle courses that will wear down even the strongest superhero.

Youth 4 week class \$30 resident rate & \$35 non Resident Activity

Class	Ages	Day	Date	Time	RDR/SR
102801A	6-12	Thur	Jan 21-Feb 11	6pm	\$30/\$35
102801B	6-12	Thur	Feb 18-Mar 10	6pm	\$30/\$35
102801C	6-12	Thur	Mar 17-Apr 14*	6pm	\$30/\$35

*skip Mar 31



CAMP FRIENDSHIP

Winter Camp

Looking for a way to beat the winter blues and enjoy your days away from school? Winter Camp is just for you! Come discover, imagine, and move with the energetic Camp Friendship staff over winter break.

Participants can choose to register by the week or by the day to help suit their holiday needs. Each day will offer different activities or field trips that will be sure to pique your child's interest, while engaging his/her imagination. Extended care hours, field trip fees, and a daily snack are INCLUDED in the price, making Winter Camp a great way to spend your break!

Ages: 5-12

Location: Lincoln Elementary School, 515 Havens Corners Rd.

Instructors: Camp Friendship and Gahanna Recreation Staff

Session I: Dec. 21, 22, 23, 24

Time: Monday, Tuesday, and Wednesday 7:30am-5:30pm.

Thursday 7:30am-3:00pm.

Fees: RDR (\$125/wk, \$40/day) SR (\$135/wk, \$50/day)

Session II: Dec. 28, 29, 30, 31

Time: Monday, Tuesday, Wednesday and Thursday 7:30am-5:30pm

Fees: RDR (\$125/wk, \$40/day) SR (\$135/wk, \$50/day)

Field trips include Snow Trail snow tubing, Color Me Mine, Harlem Globetrotters and Bricks 4 Kidz. **For more details, check out the Camp Page of Gahanna.gov.**

Save the Dates: Spring Break Camp

Spring Break Camp will be held Monday, March 28 to Friday, April 1, 2016. Participants can choose to register by the day or for the entire week. Details and schedule to come in the Spring/Summer 2016 Program Guide.

Camp Registration Day Saturday, February 27, 2016 9 a.m.-12 p.m.

Register for Camp on this day and be able to make installment payments & receive early bird prices

To register for Camp Friendship or CORE, you must complete the following:

- Proof of residency, if applicable.
- A current health insurance card
- A completed 2016 Summer Camp Registration Form* for each child.
- Review parent handbook and sign acknowledgement of 2016 Parent Handbook.

* All forms and the Parent Handbook will be available online at Gahanna.gov prior to registration day.



Camp Friendship Scholarships

The Department of Parks & Recreation is proud to offer scholarships for Camp Friendship and CORE, funded by the Gahanna Parks & Recreation Foundation. Scholarships assist in making the programs accessible by covering a partial cost of up to two sessions for Gahanna residents who qualify. Families who qualify for participation in the free/reduced school lunch program may receive funding as follows: Reduced Lunch = 50% of camp fees covered; Free Lunch = 75% of camp fees covered. The remaining balance must be paid at the time of application. Scholarships are awarded on a first-come, first-serve basis. Call 342-4250 for more information.

Thank you to the GPRF who awarded 33 weeks, totalling \$4,000 in scholarships in 2015! Thank you to GRIN (Gahanna Residents in Need) who donated \$1,500 or 10 weeks of camp in 2015.

ENGINEERING FOR KIDS

Engineering for Kids

We put the excitement in S.T.E.M. education by offering hands-on-learning for children ages 4 to 14 through FUN activities from designing and constructing video game software and making their own play dough concoction to creating LEGO® robots. Building on natural curiosity and developing problem-solving skills, our hands-on-programs will foster a lifelong love of science and discovery in your child.

Junior Aerospace Engineering: Taking to the Skies

The Junior Aerospace Engineering classes introduce our youngest engineers to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, hot air balloons and more.

Age: 4-6

Activity Day	Date	Time	RDR/SR
402701C Wed	Jan 20-Feb 24	5:45-6:30pm	\$85/\$95

Location: Clark Hall, 380 Granville St.

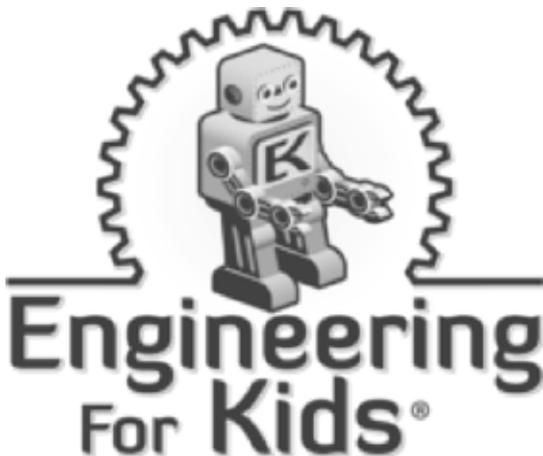
Electronic Game Design: Invader Defense Games

During the Electronic Game Design: Invader Defense classes, students will use Multimedia Fusion 2® to create their own video game. Whether students wish to fire marshmallows or missiles, they build a complete video game from start to finish. They program characters to survive a wave of enemy attacks in order to reach the next level. At the end of the class, students take home a copy of the game they create.

Age: 7-14

Activity Day	Date	Time	RDR/SR
402703C Wed	Jan 20-Feb 24	6:45-8:15pm	\$110/\$120

Location: Clark Hall, 380 Granville St.



Winter Camp

During Winter Camp, students get to participate in two Engineering for Kids programs (Agent of Change and Robot Olympics), to create a full day of hands-on-activities and FUN S.T.E.M. education!

Agent of Change – Superheroes have amazing powers and limitless energy...what about the rest of us? Can we use wind and water to produce electricity? How can we harness power to help others? These questions and more are explored as students team up to create their own lab and investigate energy sources and harness power. Be an Agent of Change and learn to capture wind and create light.

Robot Olympics – During the LEGO® Robotics Olympics classes, students design and program robots to compete in simulated Olympic events such as sprinting in a race, throwing a basketball, and shooting a puck into a hockey goal. Students use LEGO® Robotics and computers to learn principles of robotics, computer programming and teamwork.

Activity	Age	Day	Date	Time	RDR/SR
442101A	7-14	Mon-Thu	Dec 28 – Dec 31	9am-4pm	\$260/\$270

Location: Clark Hall, 380 Granville St.



ACTIVE SENIORS

480 Rocky Fork Blvd., Gahanna, OH 43230
614-342-4265

General Information

The Gahanna Senior Center is located at 480 Rocky Fork Blvd with normal operating hours of 8:30AM – 4:30PM. The Center is a multi-purpose facility open to all adults ages 55+ and offers diverse social programs such as recreation, physical fitness, day trip and travel programs, education, health and human services, community programs and volunteer opportunities.

Membership - Annual Senior Membership fees are \$20 for Gahanna residents and \$30 for non-residents.

Open House! - Looking to get more involved and meet new people? Come visit us during our monthly Open House events held every first Monday 10-1 PM and 3-6 PM (except holidays). First time visitors have a chance to win a prize donation from one of Gahanna's local establishments. If our Open House times are not conducive to your schedule, stop by anytime during our normal business hours for a tour.

Center Facility Rentals - Facility rental opportunities also exist for special events. For information you may contact us at 342-4265 or stop by Monday-Friday between the hours of 8:30am-4:30pm.

2016 Trip & Travel Programs

Our Active Senior Program has many exciting day excursions and international trips throughout the year!! Come join us as we discover some great places both near and far!! Our travel program is open to all individuals 55+ who hold an active membership at the Senior Center. Trip reservations must be made in person at The Center along with payment at time of reservation.

Registration for our 2016 Trips may be made starting January 4th 2016.

Day Excursions

“Scents, Sights, and Sensations”

Friday April 15th \$105/Person

This day trip to the Cincinnati area includes highlights such as attending the award winning Cincinnati Flower Show, enjoy a delicious plated lunch while enjoying the Spring Fling Show at the Oasis Country Club, shopping at the Vendors Mart, and an afternoon show with the Enchante Cabaret as they take us down memory lane in the 1960s!

“Bucking Ohio”

Thursday June 23rd \$103/Person

Trip highlights in and around Burbank, Ohio include a “behind the scenes” visit to Bucking Bull Ranch, a Cowboy legend buffet style BBQ with entertainment, an authentic ranch-style hay ride, a stop at the Creek Bend General Store, and a stop at Grandpa's Cheesebarn and Village featuring homemade sweets, meats, and cheeses.

“Springing over to Springfield”

Friday September 30th \$93/Person

Trip highlights in and around Springfield, Ohio include the Wescott House, lunch at Young's Dairy Golden Jersey Inn, visiting the Johnny Appleseed Museum, and a stop at the Piatt Castles.

“An Amish Christmas”

Thursday December 1st \$91/Person

Trip highlights around Berlin, Ohio include a unique and educational experience at the “Behalt” Amish/Mennonite Heritage Center, a delicious buffet lunch at the Farmstead Restaurant, street shopping within downtown Berlin, and stops at “Tis the Season” Christmas Center, Heini's Cheese Chalet, and Kauffman's Country Amish Bakery.

International Trips

The Magic of Hawaii

January 28- February 7, 2016 \$3,995/Person

Round trip airfare, 2 night accommodations in Waikiki with breakfast, welcome dinner, Honolulu/ Pearl Harbor Tour, Oahu Island tour, 7 nights onboard “The Pride of America”, all gratuities, taxes and travel insurance included.

Australia, New Zealand and Fiji

February 9-23, 2016 \$7,398/Person

Roundtrip airfare, 20 meals, fully escorted, travel insurance. Cairns, Great Barrier Reef, Sydney, Australia, Christchurch, Queenstown, Mt. Cook region, Milford Sound, Arrowtown, New Zealand. Optional Post Tour Nadi, Fiji. Check at the Center for further details on this tour.

Adriatic Tour

April 16-30 \$5,796/Person

Roundtrip airfare to Rome, 11 night cruise aboard Holland America “Osterdam” to Naples, Crete, Turkey, Croatia, Venice. Gratuities, taxes and insurance included.

Trip & Travel Presentations (Wed Jan 6th)

Day Trips Presentation 10AM-12 Noon

Ohio Travel Treasures will share highlights of our upcoming Day trips scheduled for 2016. Come listen and join in on our day excursions!! All individuals 55+ are welcome!!

International Trips Presentation 1– 3 pm

World of Travel will share highlights and pointers for our upcoming international trips. All individuals 55+ are welcome.

ACTIVE SENIORS



Soup Socials

Second Tuesday of each month 11:30am – 1 pm
(Jan 12, Feb 9, March 8)
Warm yourself up with a bowl of homemade soup, crackers, and a drink. First come first serve. Cost \$2/person

Hearing Checks

Last Wednesday each month at The Center;
Individuals 55+ may schedule a free appointment to have your hearing checked and receive assistance and advice from professional hearing specialists. Call The Center for appointment times.

AARP 55 Alive Driving Training

Saturday, Feb 13 9am-1pm
Sharpen your driving skills and maintain your independence through this important class. Cost \$15/person for AARP members; \$20 nonmembers (CHECK ONLY TO AARP)
Register at The Center.

**Program Registration
Day for our
Spring-Summer
programs is
Monday March 7th
8:30am – 4:30 pm at
The Center.**

**The Senior Center
will be closed
Dec 21-Jan 4.
See you in the
new year!**

Pot Luck and Project Interact

First Wednesday each month 11:30am - 2pm
(Feb 3, March 2)
Join us for a delightful and educational program presented by Gahanna-Jefferson school-aged students, and enjoy a delicious pot luck feast prepared by our Active Seniors. This program is truly a rewarding experience for everyone. Please register in advance at The Center.

Lunch Bunch

Every 3rd Wednesday 10:45am -2pm
(Jan 20, Feb 17, March 16)
Come join us for a day out to lunch with our Active Seniors. We frequent some great regional restaurants while enjoying each other's company! \$2/person if riding the Center van. Please register in advance.

Lunch & Bingo

Last Wednesday each month 12pm – 3pm
(Jan 27, Feb 24 March 30)
If you like BINGO and food, you'll LOVE this!
\$6/person (\$2/Bingo + \$4/Lunch)

Program Reservation Policy

1. All active members of the Gahanna Senior Center have the opportunity to register for programs at the same time regardless of residency.
2. All trips and programs are filled on a first-come, first-serve basis.
3. NO reservations will be accepted by phone for trips or programs. Reservations must be made at the Senior Center.
4. All checks are to be made out to the City of Gahanna (unless otherwise noted). If you are paying in cash, please bring the EXACT amount.
5. A reservation is a firm agreement. Refunds may be made ONLY if your vacancy is filled.
6. If you cancel your reservations, call as soon as possible. You may NOT fill the reservation yourself. Cancelled reservations are filled from the waiting list.
7. You must sign up for yourself and/or your spouse.



GAHANNA PARKS & RECREATION FOUNDATION



Support your Gahanna Parks & Recreation Foundation this Holiday Season

The Gahanna community needs your help. Today, we are asking you to please make a year-end gift to support the Gahanna Parks & Recreation Foundation and all the work we do.

Your donations will go directly to supporting programs supported by the Gahanna Parks & Recreation Foundation including:

- Youth camps scholarship program
- NEW aquatic family scholarship program for 2016
- Gahanna community art projects
- Gahanna community events including Creekside Live, Creekside Blues & Jazz Festival and other Gahanna community events
- City & School partnerships including the Gahanna learning gardens
- Park improvement projects



The Gahanna Parks & Recreation Foundation sends a big THANK YOU for making 2015 great. Through the support of many excellent volunteers and the Gahanna Community, the Gahanna Parks & Recreation Foundation has achieved many great things since its inception in 2008 including:

- \$30,000 towards sending 225 kids to camp
- \$30,000 to community art projects including the Historical Mural and 8 art pieces in the Creekside District
- \$30,000 to community parks & recreation partnerships including Creekside Live, Creekside Blues & Jazz Festival, Holiday Lights, community gardens and school programs



To make a donation please go to www.gahannapr.org, call our office 614-342-4250 or mail a check to the attention of the Gahanna Parks & Recreation Foundation, 200 S. Hamilton Road, Gahanna, Ohio 43230

HOW TO REGISTER

Class Policies

If the Gahanna-Jefferson Schools close due to inclement weather, all Gahanna Parks & Recreation Programs will be canceled and rescheduled at a later date.

The Gahanna Department of Parks & Recreation requires participants registering for age or grade-specific programs to be the **minimum** age or grade listed by the **first day** of the program.

The Gahanna Department of Parks & Recreation will regularly photograph the classes and their participants. The photographs may be used in publications and online. **If you wish not to be photographed, please indicate so on the registration form.**

Registration Policies

Fee Structure

The City of Gahanna's operations is funded primarily through income taxes paid to the City of Gahanna. For this reason, any person residing in the City of Gahanna, or who is an employee of a business located within the City of Gahanna (which also includes a spouse and/or child of such employee), will pay the **resident discount rate** when registering for a program or when reserving a Park and/or Golf Course facility. All others will be required to pay the **standard rate** otherwise noted. *Please note that even if you have a Gahanna mailing address and/or live within the Gahanna-Jefferson School District, you MAY NOT be a qualifying resident of the City of Gahanna.*

In order to receive the **resident discount rate**, a person must live within the Gahanna City limits and **may be required** to verify proof of residency by showing a current City of Gahanna water bill, along with any valid photo identification. A full-time employee (spouse or child) of a business located within the City of Gahanna must provide proof of employment on company letterhead (with Gahanna address) signed by the personnel director or president of the company. Presentation of a valid photo identification of the employee is also required.

Fees must be paid at the time of registration. Only receipt of payment reserves enrollment. **All programs have limited enrollment.**

Cancellation, Refund and Credit Policies

CLASS CANCELLATIONS: We will contact you if a class has been canceled or filled to maximum capacity prior to processing your registration. If you do not hear from us, please attend the first class.

FACILITY CANCELLATIONS: Reservations canceled more than 30 days in advance of the registration date will receive a refund, less a \$10 administrative fee. Cancellations 14-29 days in advance will receive a 50% refund; cancellations less than 13 days receive no refund. Changes or rescheduled reservations are subject to a \$10 administrative fee. No refunds for inclement weather.

PROGRAM REFUNDS and CREDITS: Refunds are only issued in instances when a class/program has been canceled by the Department.

Absolutely no refunds will be issued for customer requested cancellations, classes and programs.

Easy Ways to Register NOW!!!

1. Go Online! Register for selected classes and programs on-line!

Get your user name and password to get started! Call or email Parks & Recreation at 342-4250 or parksandrec@gahanna.gov. Request online now and be approved within one business day.

2. Call! Call our office at 342-4250.

3. Visit us in person at Gahanna City Hall Parks & Recreation Office, 200 S. Hamilton Rd., Monday-Friday, 8am-5pm!

For Active Seniors Program registration visit the Senior Center at 480 Rocky Fork Blvd.





CALENDAR HIGHLIGHTS

Dec. 5, 12, 19 Visit with Santa at the Herb Center 9am-1pm

Dec. 11 BWT Section 5 Ribbon Cutting 9:30am
Gahanna Municipal Golf Course Clubhouse

Dec 21 Winter Camp Session 1 Start Date
Lincoln Elementary

Dec 28 Winter Camp Session 2 Start Date
Lincoln Elementary

Jan 14 Gahanna Preschool Fair 6-7:30pm
Gahanna Senior Center

Feb. 27 Camp Registration Day 9am-12pm
City Hall

Mar. 28 Spring Break Camp
Lincoln Elementary